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SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 9, 2021

APRIL SUNRISE/SUNSET: 9 7:11 • 7:49 10 7:10 • 7:49 11 7:09 • 7:50 12 7:08 • 7:50 13 7:07 • 7:51 14 7:06 • 7:51 15 7:05 • 7:52

Sanibel Native Finds Success In Guiding Others

by Kathy Kurtz Ferrari

professional success.

ne might think those lucky enough to grow up on Sanibel or Captiva would never move away. But for 34-year-old Phoebe Gavin, a member of one of the islands' earliest settling families, making the decision to leave ultimately led to growth and

And making good decisions has become a mantra for Gavin, a social media influencer, life and career coach, and author.

"If you learn to make better decisions, you can grow in your decision making skills and you can make better decisions that can get you where you want to go," Gavin said in a recent video chat from her home in the Washington, DC area.

In her career, Gavin coaches her clients using the North Star Method, a guide to help people set goals and create strategies to reach them.



Phoebe Gavin shares a moment with her parents Oscar and Jean Gavin, and her brother Paul Gavin photo provided

"That's been the story of my life, gradually figuring out exactly where I wanted to go, and gradually figuring out how to get there and how to make

decisions that don't take me off course but keep me on my true north."

Gavin's interest in counseling comes from her own experiences. As the

great-granddaughter of the first African-Americans to settle on the islands, she comes from deep roots. Her parents Jean and Oscar Gavin still live on Sanibel.

"It's something I'm really proud of. And when I tell people about it, they're always extremely impressed to hear how much of an impact my family has had on the island," Gavin said, sitting in front of a wooden carved map of Sanibel that adorns the wall of her office.

"The community embraced us and that relationship with Sanibel residents didn't just stop with my great-grandparents but came all the way through. I experienced that as a child growing up and that was so meaningful, feeling very safe on the island and having that sort of haven, where to get a bit serious, you go across the bridge in Fort Myers and have a very different experience as a black person. And that's not the experience I had on Sanibel. I felt very cared for by the community."

very cared for by the community."

Gavin attended The Sanibel School and went to Dunbar High School in Fort Myers.

After graduation, she signed up for the military, serving as a specialist in the Army, stationed at Fort Lewis Military Base, near Tacoma, Washington from 2004 to 2008.

continued on page 10



From left, Dick Muench, Patti and Sean Daly, David Muench and Jerry Muench

photo by Claudia Burns

Pride Of The Park Award Winners

The pandemic may have closed Periwinkle Park to visitors for the unforeseeable future, but it couldn't stop park residents from holding Pride of the Park, a fundraising event for Clear Your Gear, a nonprofit that raises awareness about discarded fishing gear and the impact it can have on wildlife.

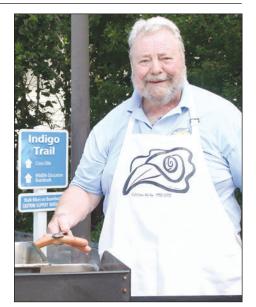
Modeled on Zonta's Peek at the Unique, Pride of the Park showcased six homes in Periwinkle Park on March 20. Participants walked or biked through the park to view the exteriors and landscaping of the homes, then voted for their favorites by donating dollars to Clear Your continued on page 28

Education Fund Honors Friend Of 'Ding' Darling

John E. Carney was a name and a presence that will live on for ages on Sanibel. His widow, Fay Carney, is helping to make sure of that by establishing the permanently endowed John E. Carney Education Fund to support the educational efforts at JN "Ding" Darling National Wildlife Refuge on Sanibal

A true, loyal friend of the refuge, Carney began volunteering there in 1996, ultimately clocking more than 2,800 hours in 11 years. His service included serving on the board of directors for the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) from 2000 to 2003, during which time he commandeered the "Ding" Darling Days Amateur Nature Photography Contest, now in its 29th year. For many years, he taught photography classes at the refuge.

A former educator himself, Carney played a major role in the planning and design of the "Ding" Darling Visitor & Education Center's interpretive exhibits when DDWS undertook a campaign to raise the money to build the center for



John Carney grilled hot dogs at "Ding"

Darling Days each year photo provided refuge visitors in the late 1990s.

Carney also gained a reputation as the "hot dog guy" during the annual "Ding" Days, manning the grill each year with his own grilling equipment and chef's apron he brought along.

"His energy and enthusiasm, even over that hot grill, was infectious," said Toni

continued on page 20



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Mayor Holly Smith

photo provided

Sanibel Mayor Addresses Corps Of Engineers

n March 18, City of Sanibel Mayor Holly Smith sent the following letter to Col. Andrew Kelly, district commander of the U.S. Army Corps of Engineers, Jacksonville District.

Dear Colonel Kelly:

On behalf of the Sanibel City Council, thank you for the opportunity to participate in the Corps' critically important effort to develop a new Lake Okeechobee System Operating Manual (LOSOM). While we recognize that CERP is ultimately the tool for achieving balance in the system, in the interim, LOSOM offers a rare opportunity for the Corps to engage with stakeholders to improve the current operations of Lake Okeechobee and maximize the benefits achieved by new infrastructure soon to be operational, including the rehabilitation of the Herbert Hoover Dike, the Kissimmee River Restoration Project, the C-43 West Basin Storage Reservoir (WBSR), and the C-44 Reservoir and Stormwater Treatment Area.

It is apparent through thorough evaluation of the initial array (i.e., those plans that provide maximum benefit to one part of the system) that operating the Lake Okeechobee system for any single interest has a negative effect on another. For the Caloosahatchee generally, runs most beneficial to other resource areas are either too wet or too dry for the Caloosahatchee, resulting in an unacceptable number of high flow (>6500 cfs) events (e.g., St. Lucie Estuary ecology plans, Lake Okeechobee ecology plans) or an unacceptable number of low flow (<457 cfs) events (e.g., water supply plans, navigation plans).

While reducing the frequency of damaging high and low flows is the overarching restoration goal for the Caloosahatchee Estuary, we recognize that achieving perfect conditions for the Caloosahatchee to the detriment of other parts of the system is an unrealistic expectation and the opposite of a balanced approach. However, we also urge the Corps to ensure that the Caloosahatchee no longer bears an unfair share of the burden for a flood control system that was not intended to benefit Lee County, but that has at times been devastating to the health of our estuary, our economy, and our way of life.

As the Corps has already begun engaging stakeholders to consider the key components of a balanced plan, we appreciate this opportunity to provide input on what we find to be the critical aspects of a balanced plan for the Caloosahatchee. Compared to the present condition under LORS2008, LOSOM offers the opportunity to achieve progress in reducing both high and low flows to the Caloosahatchee. We expect LOSOM to preserve and improve upon the benefits of the C-43 WBSR that are achieved even with no change to the operation schedule (i.e., future without-FWO). While the major benefit of the C-43 WBSR will be to reduce low flow conditions during the dry season, it is also anticipated to achieve reductions (~10%) in high flow conditions during the rainy season. Additional improvements to high flow conditions due to the diversion of regulatory Lake discharges to other areas of the system are also evident in the future without condition. LOSOM must build upon these improvements. If the adopted plan fails to perform as well or better than the FWO, the Caloosahatchee is likely to experience more harmful conditions than it does under the current regulation schedule, particularly for the period between the implementation of LOSOM (2022) and operation of the C-43 WBSR (2025).

Thank you for considering our comments. We highly value the opportunity to participate in the LOSOM process and seek to balance all the project purposes equally. We look forward to continuing to work with you and the Army Corps of Engineers, and the other stakeholders to formulate a balanced plan that achieves desired improvements across all objectives.

Top 10 Books On The Island

- 1. The Rose Code by Kate Quinn
- 2. Float Plan by Trish Doller
- 3. Hamnet by Maggie O'Farrell
- 4. No-Recipe Recipes by Sam Sifton
- 5. Where the Crawdads Sing by Deila Owens
- 6. The Lost Apothecary by Sarah
- 7. The Barbizon by Paulina Bren
- 8. Bridgerton by Julia Quinn
- 9. Think Again by Adam Grant

10.Remember by Lisa Genova Courtesy MacIntosh Books and Paper.



Barbara Warner and June Lanza

Community House Arts And Crafts Fair Sunday

submitted by Renée Chastant

he Community House on Sanibel is hosting another arts and crafts fair on Sunday, April 11 from 9 a.m. to 2 p.m. A unique group of vendors was selected to exhibit and sell their handmade items. There will be artwork in a variety of mediums including jewelry, wearable art, children's books and greeting cards plus an assortment of baked goods and other culinary items.

All sellers will be located indoors at The Community House, and safety protocols will be in place. Masks will be required, temperatures will be scanned, and ingress/egress routes will be limited. Visitor numbers will be monitored for social distancing. There is no admission

For more information, visit www. sanibelcommunityhouse.net, www. sancapart.org or facebook.com/



sanibelcommunityhouse, or call 472-2155. The Community House is located at 2173 Periwinkle Way. 公



Doug MacGregor



Captiva Island Historical Society Landmark: 'Tween Waters Cottages



'Tween Water Cottages

photo courtesy Captiva Island Historical Society Archives

his hand colored linen card features an image of Tween Waters cottages, dated 3/6/40.

The History Gallery, bridging the past & the prese developed by the

Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn

through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www. captivaisland

historicalsociety.org/archives/research to view many more images to bring you closer to Captiva.☆

Churches/Temples

Complete Shabbat Worship Service including Torah reading Zoomed from Fellowship Hall at SCUUC every Friday night at 7.30 p.m. Shabbat morning discussion led by Rabbi Fuchs at 9.30 a.m. (email batyamsanibel@gmail.com to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, www.batyam.org, 2050 Periwinkle Way, 732-780-2016. HISTORIC CAPTIVA

CHAPEL BY THE SEA

Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 8, 2020 through April 25, 2021. Services posted on Chapel's Website for viewing. Weekly Bible Study on Tuesdays at 10 a.m. Masks are mandatory and social distancing will be in effect. www. captivachapel.com, www.facebook.com/ Captiva-Chapel-By-The-Sea, 11580 Chapin

Lane Captiva, 472-1646. CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf

SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only' service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL

UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497

ST. ISABEL CATHOLIC CHURCH Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559

Sanibel-Captiva Road, 472-2763. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. In Person services resume with limited seating, masks and reservations required. Saturdays at 5 p.m. (outdoors), Sundays at 8 a.m. and 10:30 a.m. (indoors for those fully vaccinated) Reservations can be made on our website and go live every Tuesday at noon. The 10:30 a.m. Sunday service will also be livestreamed. www. saintmichaels-sanibel.org, 2304 Periwinkle

Way, 472-2173.
UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews. com or call 395-1213.☼



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Trouper, The Blind Raccoon Passes Away Peacefully

It is with devastating sadness that the Wildlife Education Project, Inc. (WEP) shares the loss of its beloved wildlife ambassador, Trouper, the blind raccoon, at the age of 12. Trouper passed away peacefully on Sunday evening, March 28 in the loving presence of Dorothy "Dot" Lee, his lifelong caretaker and teaching partner through the WEP. Together, they educated children and adults around the world on their core teaching, which is to always "extend respect and kindness to all living things."

In 2009 at 8 weeks old, Trouper survived an injury perpetrated by a human, which left him blind, brain damaged and unable to feed or defend himself. Luckily for Trouper, Lee, an animal rehabilitator, rescued and nurtured him through incredible odds of survival, although she regularly says, "Trouper rescued me." As they have shared their message to countless audiences, people from all walks of life are riveted by the story of how Lee brought Trouper back from death's door many times and the lessons he taught her along the way in their life together. Their work inspired the founding of the WEP and its core principles, in the hopes that fun, interactive, educational programs could intervene and make a difference in the protection and preservation of all living things.



Trouper

photo provided

Besides being a licensed wildlife rehabilitator, Lee is a retired physical education teacher with a master's degree in special education from the University of North Carolina and a former Special Olympics swimming coach. She has devoted her life to wildlife rehabilitation and the education of children and adults. She actively advocates for the humane treatment of wildlife and educates the public to respect raccoons and all wildlife during co-habitation in shared spaces.

Residing in Southwest Florida, Trouper and Lee were internationally known and inspired fans across the United States, Europe and Latin America. They caught the attention of celebrities and loyal fans who would go out of their way to make a trip to Florida just to have a private session with them. Trouper and Lee were featured in Nat Geo WILD's Unlikely Animal Friends, People magazine, All Creatures magazine, Guideposts magazine, USA Today, Florida Weekly, Naples Daily News, The News-Press, Times of the Islands, Island Sun, Cape Coral Breeze, Palm Beach Post, The River Weekly News and a multitude of other news outlets and websites across the globe. Trouper also has a children's book, Trouper: The True Adventures of a Blind Raccoon, written by Kyle L. Miller.

For more than 12 years, Trouper and Lee carried their message to thousands. Their selflessness and healing energy touched souls and brought joy across the globe. Their hands-on presentations that carry one key lesson – respect – spread awareness and joy. Children, senior citizens and special needs individuals were particular audiences who were touched by Trouper.

In lieu of flowers, please consider making a tax-deductible donation to honor the memory of Trouper and to show support to Lee and their legacy together. There are several ways to donate.

Donate online to the tribute at www. gofund.me/1b850236 or at www. wildlifeeducationproject.org, where you can read more about the foundation.

Cards and donations can also be mailed to Dorothy Lee, Wildlife Education Project, 12901 McGregor Boulevard, Suite 20, Box #218, Fort Myers, FL 33919.**

Church Offering Course On Immigration

anibel Congregational United Church of Christ is offering a threepart course titled From Far Off Shores: An Historical and Theological Exploration of Immigration. The course will be led by Senior Pastor John Danner on Wednesdays, April 7, 14 and 21 at 9:30 a.m. on Zoom.

Once again, immigration issues are in the forefront, and this course is designed to provide a clearer picture of the situation. "While this has been the case for many years," said Pastor Danner, "the current upsurge in concern warrants an exploration of both the history of immigration in this country, and the theological issues that it raises."

The course will include an examination of biblical views of immigration, as well as more contemporary theological understandings of individual and mass migrations. It will also provide an overview of the history of immigrants and immigration in the United States. While not a uniquely American issue, immigration has largely shaped this nation, and has had an impact on the shape the nation has taken over the decades.

For more information, including the Zoom link, contact the church office at 472-0497. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel.



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Council Postpones Lifting Mask Mandate

by Wendy McMullen

anibel City Council decided that it was not yet time to get rid of the city's mask mandate.

"We may not be ready at this point to eliminate the mask mandate," said Councilman John Henshaw. "As we move to get more people vaccinated, we can start seriously thinking about when we can lift the mask mandate.

Henshaw indicated that it was a thoughtful decision for the majority of residents and that any decision to lift it could be delayed to May or June.

Vice Mayor Richard Johnson agreed. "I want to stand by the decisions we made. The sources of information I focus on are the CDC and medical profession. We still need to be on guard, on point.

"That may be going to change within the next six weeks. When that change takes place, it would be very difficult to stand on your own," Johnson said.

The governor could come through with some sort of executive order with which we will comply. We will call emergency meetings then," Mayor Holly

Smith said, adding that businesses might also be mandated by their corporate

Councilman Dr. Scott Crater, a local dermatologist, noted that 94 percent of his patients have received at least one dose of the COVID-19 vaccine

Friends in Service Here (FISH) along with former Mayor Mick Denham have spearheaded getting vaccinations delivered on island and are now working to get more workers and other people on island vaccinated.

Residents Barbara Cooley, who has made reservations for many islanders having difficulty getting vaccinations, said that the people she helped are from all over Lee County and that it was necessary to view the county as a whole in deciding on mask mandates.

Planning Commissioner Karen Storjohann expanded on that concept.

The relevant number is the number of our tourists who have been vaccinated and we are precluded from finding out," she said. "We must be protected from our tourists and we must ask them to wear masks. Should we drop this mandate before we have the kind of levels that I'm comfortable with, I'll be shopping by mail," she added.

The community still feels that we need to have this mask mandate in place," Smith concluded. \$

Cost For Burying Electrical Lines Requested

by Wendy McMullen

ity council on Tuesday requested updated costs of burying electricity lines on the island.

Resident Chet Sadler introduced the question of burying the lines. Denise Vidal, executive vice president and chief executive officer of Lee County Electric Cooperative, said that the cost of burying the lines was four times as expensive as overhead lines and that the cooperative asks the cities to pay the costs of burying the lines.

We have done costs in the past," she said, adding that the city decided it was prohibitive at the time.

Resident Bob Holder asked if a submarine cable to bury the transmission line would fit with the emergency plans and protect the island's electricity. The line currently runs over the water from Pine Island. Holder indicated that the cost would be offset by enhanced resiliency.

Generally, Vidal said, it was easier to repair lines when they were above ground than when they were buried.

Vidal told the council that tree branches have been trimmed and more than 14 percent of electricity poles replaced in

an accelerated program to avoid outages and prepare the island for major storms. Apparently, the major culprits in pole damage are woodpeckers and all 770 poles on the island have been inspected, and 107 replaced.

The concerted effort to lower outages on the islands followed complaints by residents and a request by city council to provide information about storm preparation.

The tree trimming schedule for Sanibel is more frequent because of denser vegetation on the islands, Vidal said.

She explained the procedure after a storm is to restore electricity to emergency services such as police and fire stations first and then to restore the most densely populated areas. More isolated areas come last. In answer to a question from Mayor Holly Smith, Vidal said that Sanibel is not considered an isolated area.

Beach Parking Map Amended

by Wendy McMullen

anibel City Council approved amending the official parking map to allow residents with an A sticker to park without cost at Gulfside City Park, also known as Algiers Beach.

County Strategic Planning Priorities **Approved**

The Lee Board of County Commissioners recently approved the consensus direction set at its annual strategic planning workshop held earlier this year that identifies priorities for fiscal year 2021-22.

The workshop, advertised on February 12 and conducted on February 23, was held at Sanibel Harbour Resort as it had been in a previous year. During the daylong event, which was open to the public, the board discussed the progress the county made in 2020 as well as priorities for the coming year. Those

Financial – Approach multiple fund reserves holistically to enhance project funding; report on individual fund balances and policies annually.

Transportation – Look for ways to expedite Tier 1 road projects; bring back options at the May 4 board workshop on transportation priorities.

Water – Continue water quality initiatives, including septic-to-sewer/ alternatives planning. Staff will provide the North Fort Myers final source testing results and septic alternatives at the board's April 20 workshop. Countywide source testing results and alternatives will be provided at a workshop at the end of the year or early next year.

Human Services – Concentrate efforts on improving capacity and efficiency of the Rapid Re-Housing Program; continue efforts approved at the March 16 board

Tourism - Increase parks amenities and access to Conservation 20/20 preserves. Analyze local and state sports facilities to assess potential niche opportunities that can be considered at a board workshop in

fall 2021.

Economic Development - Propose amendments to the economic element of the LeePlan and explore further redevelopment opportunities in North Fort Myers and Lehigh Acres; bring back options at a board workshop in fall 2021.

Procurement - Buy locally as much as possible, including potential changes to local bidder preference policies; bring back options at the June 1 board workshop.

Communications - Continue to build communication strategies on multiple platforms to include traditional and digital communication channels. Focus on education of public on important policies and develop tools to allow the public to have access to the information the board uses when setting policy and making decisions.

The board also reviewed its 2020 priorities and reviewed the accomplishments achieved amid the COVID-19 pandemic, including:

Water quality projects such as the completed Nalle Grade Stormwater project and the Southern Lee County Flood Mitigation Study;

Transportation priorities such as the widening of Homestead and Alico roads and the realignment of Littleton Road and Kismet Parkway:

Continued efforts in the Conservation 20/20 program, with more than 30,000 acres of preserved land.

For more information, visit www. leegov.com/bocc/strategicworkshop.☆

Correction

by Wendy McMullen

Tn last week's article, Climate Change Is Here, But So Are Solutions, we Lincorrectly identified 3.2 millimeters as approximately 1.5 inches. It is in fact 0.126 of an inch. We apologize for the error.₩

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OBITUARY



RICHARD T. LEWIS

ichard T. Lewis (Dick, RT or Lew to some), 83, of Lake Forest, Illinois and Sanibel Island, Florida passed away on April 3, 2021. He was born to Luther and Kate Lewis on September 26, 1937 in Youngstown, Ohio. He attended Niles McKinley High School and earned an accounting degree from Ohio University in Athens, Ohio. While there, he was a member of the Delta Tau Delta Fraternity. Following graduation in 1960, he worked for Price Waterhouse as a CPA in New York City. During this time, he was drafted into the United States Army. After working several years for Matlack trucking in Philadelphia, Dick moved to Lake Forest, Illinois, where he was CEO of Superior Bulk Logistics Inc. for 23 years and chairman for another 12 years until 2019.

He was loved dearly by his family. He is survived by his beloved wife of 52 years, Marilyn. He leaves behind son Tom, wife Robin, and granddaughters Catherine and Annabel of Madison, Wisconsin, and son Jeff, wife Anna, and grandchildren James, Sebastian, Arianna and Theo of Rye, New

As a husband, dad and grandfather, he showed unconditional love, support and encouragement. He led by example and treated everyone with respect and dignity. Dick was an avid reader and history enthusiast. He loved completing his daily crossword puzzles, golf, the beach, socializing with friends and enlightening his grandchildren. Dick and his wife have been coming to Sanibel Island for over 50 years and enjoyed their membership at The Sanctuary Golf Club. He served as president of The Ministries and Facilities Trust for Saint Michael & All Angels Episcopal Church on Sanibel.

Dick came from a humble beginning and was the first member of his family to attend college. He was an excellent businessman and leader. One of his career highlights was his term as chairman of the board for National Tank Truck Carriers from 1993 to 1994, overseeing the collective interest of the tank truck industry. In 1985, Dick started with a small tank truck company, Superior Bulk Logistics Inc. At his time of retirement in 2019 as chairman, Superior Bulk Logistics Inc. was

one of the largest tank truck companies in the United States.

In lieu of flowers, memorial gifts can be

made in Dick's honor to:
FISH of SanCap Inc., 2430-B
Periwinkle Way, Sanibel, FL 33957 or
"Ding" Darling Wildlife Society, P.O. Box
565, Sanibel, FL 33957.*

Recreation Committee Members Sought

he City of Sanibel is seeking members for its Recreation Financial Assistance Committee. Members must be residents of Sanibel and must be appointed by Sanibel City Council (oneyear terms).

Responsibilities include physically attending a minimum of 75 percent of all committee meetings, typically scheduled year-round, every other month at 8:30 a.m. in MacKenzie Hall at city hall on Dunlop Road.

Other duties are outlined in the City of Sanibel Code of Ordinances.

Due to the COVID-19 pandemic,

responsibilities may be altered to comply with current CDC and Florida Health Department guidance.

Any resident wishing to serve may download an application or submit one online at www.mysanibel.com.

The deadline for submission is 5 p.m. Thursday, April 15.

If you have any questions, contact the city manager's office at 472-3700.☼

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From page 1

Sanibel Native

She was deployed for 15 months in Iraq. She explained the experience was difficult, and while she was not injured physically, she did come out psychologically wounded. Not only did she endure the threat of danger from hostile forces, she was also sexually assaulted by a member of her own unit. She said she was not able to get the support she needed from the Army at the time.

Three months after being discharged, she moved to New York City to attend LIM College, earning a degree in management and entrepreneurship with a concentration in the fashion industry.

But she was also suffering from anxiety and depression, and struggled in civilian

"The thing that gave me strength was the support I got from the veterans community," she remembered, noting the organization Iraq and Afghanistan Veterans of America changed her life.

As she regained her confidence, she turned to helping others. Using her own experience as a foundation, she researched decision making and self-improvement strategies, realizing she had untapped potential to help not just veterans, but

"That pattern of moving forward and then looking behind for people who are not guite there yet and trying to help pull them forward with me, has been a part of my life," Gavin stressed. "I've always been trying to find people who haven't made it to where I am and try to help them get

In 2019, she started making YouTube videos, offering self-improvement content. One of her first videos, posted before COVID-19, was about how to work remotely, which at the time only got about 300 views.

'But then March 2020 happened, and overnight, many, many people needed to figure out how to work from home,' she explained. "And that video went from having 300 views to having 30,000 views overnight."

Gavin now has dozens of videos on her own website and on her YouTube channel, Better with Phoebe. She also has a strong demand for private coaching services.

That first video post also grabbed the attention of publishing company Walk Ridge Press, as they were looking for an author for book about time management.

After submitting a writing sample, Gavin was accepted, and her first book The Workplace Guide to Time Management: Best Practices to Maximize Productivity, was released in March. She is currently working on a second book.

"No matter where you start, you can go wherever you want to go, as long as you're thoughtful and intentional about the choices that you make," said Gavin. "And that's a skill, and that's the reason why I love coaching so much. It feels like a life calling to me.

To find out more about Gavin, visit www.betterwithphoebe.com or search Better with Phoebe on YouTube.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email . Kathy.islandsunnews@gmail.com.☆

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Community Church To Host African Pastor

astor Conrad Mbewe will be the guest speaker at Sanibel Community Church on Sunday, April 11 at the 9 and 11 a.m. services. A special talk with a time for questions and luncheon will follow the 11 a.m. service in Fellowship Hall.



Pastor Conrad Mbewe

Mbewe has been the pastor of Kabwata Reformed Baptist Church in Lusaka, Zambia, Africa since 1987. He is a graduate of Cape Town Baptist Seminary and holds a PhD in missions. He was the founding chancellor of the African Christian University, held the position of principal at the Reformed Baptists Preachers College for seven years, and is currently the director of advancement at the African Christian University in

Mbewe's powerful expository preaching of the Bible has earned him an international audience and the nickname "the African Spurgeon." Presently, he is overseeing the establishment of 10 new churches in Zambia and Botswana. He has a passion for writing, has authored over nine books and contributed to many. He is a magazine editor and writes three columns in two weekly national newspapers.

Sanibel Community Church is an evangelical, non-denominational congregation located at 1740 Periwinkle Way. For more information, visit www. sanibelchurch.com or call 472-2684.

FISH Friendly Faces Luncheon

NSH of SanCap will host its next Friendly Faces Luncheon in a virtual format on Tuesday, April 20. The theme for April is Celebrating Earth Day and participants will make terrariums. A featured guest speaker from JN "Ding" Darling National Wildlife Refuge will talk about the refuge, its wildlife and nature conservation.

George & Wendy's Seafood Grille will prepare the lunch and FISH volunteers will deliver to islanders. The cost of the April luncheon is waived and complimentary to all participants. Lunch consists of a cold entree, side, bottle of water and dessert. Meal choice details are provided upon sign-up. Reservations and meal choices are required the Friday prior to the luncheon date by calling Susan Alexander or Manuela Martinez at 472-4775. Once registered, FISH will provide an emailed link and meeting ID



IMPACT 2020 FACTS

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Native sleepy morning blooms throughout photos by Gerri Reaves

Plant Smart

Sleepy Morning

by Gerri Reaves

leepy morning (Waltheria indica) is a native semi-woody subshrub whose habitat includes open pinelands, hammock edges, pine rocklands, shell mounds and disturbed

Multibranched, erect or reclining, it can reach a height of about three feet.

The alternate oval or oblong leaves are coarse and the edges dentate or serrated.



The coarse leaves are dentate or serrated and covered with soft hairs

They measure about two inches long and less than an inch wide.

Like the reddish stems, they are covered in tiny soft white star-like hairs.

Compact clusters of five-petaled yellow flowers appear in the leaf axils on very short stalks. Each petal is only a slight five millimeters or so long.

Flowers bloom throughout the year, and their habit of closing in the evening and opening after sunrise gives them the common name.

This species is a larval food plant for the mallow scrub hairstreak and modest hairstreak butterflies.

The fruit is a minute dark brown hairy

The plant has many traditional medicinal uses in Africa.

Sources: Everglades Wildflowers by Roger L. Hammer, Florida Wild Flowers and Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, The Shrubs and Woody Vines of Florida by Gil Nelson, and http://floranorthamerica.org.

Plant Smart explores the diverse flora of South Florida.☆

Seats Open On Vegetation Committee

he City of Sanibel is seeking applicants for the vegetation committee. Positions are open to those who are interested in Sanibel's unique plants and habitats, and would like to help educate residents, visitors and landscape professionals about the city's vegetation standards and benefits of native plants.

Members are appointed by Sanibel City Council for one-year terms. Appointees must be full-time residents of Sanibel and have knowledge, skills or interest in vegetation.

Responsibilities include attending committee meetings on the first Thursday of each month at 1:30 p.m. in MacKenzie Hall at Sanibel City Hall.

Appointees must earn a passing score on the City's Vegetation Competency

Appointees will assist in the administration of the city's vegetation competency class and exam for landscape professionals. Historically, the class and test have been offered four times per year, in January, April, June and October, on the first two Friday mornings of the month. Due to COVID-19, vegetation classes and exams are currently being offered online only.

Appointees will also assist the city's planning and natural resources departments with vegetation inspections, and other duties as outlined in the City of Sanibel Code of Ordinances.

Due to the COVID-19 pandemic, responsibilities may be altered to comply with current CDC and Florida Health Department guidance.

Any resident wishing to serve may download or submit an application at www.mysanibel.com. The deadline for submission is 5 p.m. Thursday, April 15.

If you have any questions, contact the city manager's office at 472-3700.\$

Members Sought For Historical Committee

he City of Sanibel is seeking individuals to serve on the Historical Preservation Committee. Members are appointed by city council for oneyear terms. Appointees must be full-time residents of Sanibel and have knowledge, skills or interest in historical preservation

Responsibilities include attending committee meetings on the first Thursday of each month at 9 a.m. at city hall.

Members also assist in the acquisition and de-accession procedures of materials

NEW LOCATION!

and objects acquired by the committee, assist the committee in collecting, procuring, preserving and displaying items relating to the history of the islands of Sanibel, Captiva and their environs. Other duties are outlined in the City of Sanibel's Code of Ordinances

Due to the COVID-19 pandemic, responsibilities may be altered to comply with current CDC and Florida Health Department guidance.

Any resident wishing to serve may visit www.mysanibel.com to download or complete an online application.

The deadline for submission is 5 p.m. Thursday, April 15.

If you have any questions, contact the city manager's office at 472-3700. \$\pi\$

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Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc.

An Early April Reset



by Capt. Matt Mitchell

tarting off April with a nasty cold front is never what anyone wants. This is not that unusual though, but this one hurt. It felt like we hit the reset button on our spring fishing, pushing everything backwards. Strong northerly winds and mornings in the low 50s sent our water temperature plummeting more than 10 degrees.

Early season tarpon fishing will be forgotten for at least the next week until water temperatures hopefully recover to that magical mid 70s. Pre cold front tarpon

were being caught all through the area.

I had reports of fish being hooked from marker #4 all the way up to the powerlines along with the waters behind Cayo Costa. These deeper holes and channels are always a good choice for an early season silverking.

Conditions were close to perfect for about a week before this weather made these fish retreat back to the deeper, warmer gulf waters. Nothing puts a holt on early season tarpon fishing like a late cold front.

After a few weeks of nonstop snook action, it may take a few days for this bite to get back on track. Just like after any other cold front, it will be about fishing deeper sheltered channels with warmer water.

Catching fish will require slowing down the presentation to get that bite. Luckily, redfish and trout will fill the snook void for a couple of days until things get right again.

Fishing the passes will produce a variety of species including redfish, trout, mackerel and even a few late season sheepshead.

March and April are traditionally our windiest months of the year. This is certainly proving true yet again. Getting blown out for Easter weekend caused lots of cancellations during what can only be described as an extremely busy time.

Mother nature makes the final decision on if we get to go fishing or not. Small craft advisories and high winds meant a few days off the water until conditions improved.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$



Pam Murray with a 27-inch redfish caught this week with Capt. Matt Mitchell

photo provided











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CROW Case Of The Week:

Little Blue Heron



by Bob Petcher

s its name applies, the little blue heron (Egretta Lcaerulea) is a smaller heron species, although it does have long legs and a dagger-like bill similar to the great blue heron.

Most herons are known for slow, deliberate movements when they are hunting prey. This quiet, methodical approach usually takes place along shallow waters

during a food search for fish and amphibians.

Little blue herons are actually white during their first year of life and have been known to congregate with snowy egrets and white herons during that stage of their life. In doing so, they most likely receive extra protection against predators.

Other than size, you can distinguish a little blue heron from a great blue heron by its feather color. Little blue herons have more purples and dark blues compared to their larger relative, which is more grayish overall.

At CROW, an adult little blue heron was admitted after it was found on Sanibel with its left foot caught in a rat trap. Upon initial presentation, the left foot was swollen and lame.

There was no reported wrong doing in the placement of the rat trap.

"It isn't uncommon to inadvertently catch a different animal in a rat trap, resulting in injury and even death to that animal," said Dr. Robin Bast, CROW staff veterinarian.

Reorts say the patient was only bearing weight when agitated.



Patient #21-990 spent two weeks at CROW after stepping on a rat trap photo by Haillie Mesics

'Although the heron was standing initially, it was putting most of its weight on the good leg and not wanting to bear much weight on the injured leg due to the pain associated with the injury," said Dr. Bast. "The heron didn't place the injured leg on the ground unless it needed to - for example, when attempting to evade restraint/capture - for normal course of treatments. Otherwise, it bore most of its weight on the good leg.

CROW medical staff indicated there were no obvious fractures in the left foot or toes. The heron did have bruising, abrasions and swelling from the

"No fractures were palpated on exam, and x-rays were taken to confirm the injury was limited to soft-tissues with no bone involvement," Dr. Bast confirmed. "There was a lot of swelling, bruising and fluid trapped in the tissues associated with the wound. It required daily bandage changes as the excess fluid within the tissues slowly resolved, to prevent infection of the soft tissues and assess for appropriate blood flow to the rest of the leg below the site of the injury."

The patient did start to bear weight evenly on both feet a few days later. At that point, the heron was also noted to be eating better, and it continued to receive daily bandage changes.

Twelve days after admittance, the little blue heron was moved to an outdoor enclosure at CROW. It was cleared for release shortly after.

'Once the wound had healed to the point where a bandage was no longer required, and the heron was no longer limping, its medications were discontinued and it was moved outdoors to ensure it could grip/ perch appropriately," said Dr. Bast. "It showed no permanent deficits from its injury, and was released two days after moving to an outdoor enclosure.

CRÓW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



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Canopy Restoration At **Local Preserves**

ollowing successful pilot projects, Sanibel-Captiva Conservation Foundation (SCCF) Wildlife & Habitat Management has been focused on clearing vegetation overgrowth and reopening wetlands canopies to encourage flora diversification and healthier habitats for wildlife.

The first restoration efforts on SCCF lands with a new John Deere tractor and skid-steer purchased in 2019 are showing remarkable results. Thanks goes out to Anne Nobles and David Johnson for funding the purchase of the tractors.

Clearing work on small sections of the Erick Lindblad Preserve and Frannie's Preserve began shortly after receiving the new equipment, although the onset of the 2019 rainy season slowed efforts. "One of the largest tasks is maintaining historically open-canopy wetlands from hardwood trees and shrubby vegetation invasion," said Chris Lechowicz, SCCF wildlife and habitat management director. The 2019 pilot areas had been a mixture of wetlands and transitional wetlands that were no longer functional for most species we manage for.'

Other areas that include transitional wetlands with dense and high-reaching trees and bushes were also cleared in early 2020. The invasion of buttonwood (Conocarpus erectus), saltbush



Open canopy at Erick Lindblad Preserve photo provided

(Baccharis halimifolia) and wax myrtle (Myrica cerifera), which are all native plants, into wetlands change the groundcover and, ultimately, the canopy cover. Seasonal wildfires historically kept the groundcover - and these habitats - in balance. Choked canopies limit the presence of certain forms of wildlife, including wading birds and the Sanibel rice rat. Controlled burning, periodic mowing and removing select trees in wetlands keep these areas functional for the wildlife species that use them.

The areas that were cleared first are now mostly low-growing sawgrass (Juncus jamaicense) and cordgrass (Spartina bakeri) with a spattering of other species.

'The reopened canopy now allows sunlight to reach these native grasses and other plants that are low to the ground," said Lechowicz. "The open canopy also allows wading birds to find open pools during the wet season as well as access for their predators. More areas are planned for this type of restoration in the coming year."☆

New Protections For Fish Spawning **Aggregations**

ew protections for multi-species fish spawning aggregations near an area known as Western Dry Rocks went into effect on April 1. This includes the prohibition of all fishing from April through July in a one-squaremile area near Western Dry Rocks, which is about 10 miles southwest of Key West.

This science-based recommendation has been endorsed by many of our major fishing and conservation groups: the American Sportfishing Association, Coastal Conservation Association, Bonefish & Tarpon Trust, Guy Harvey Ocean Foundation, International Game Fish Association, Lower Keys Guides Association, Wild Oceans and the Congressional Sportsmen's Foundation," said Florida Fish & Wildlife Conservation Commission (FWC) Chairman Rodney

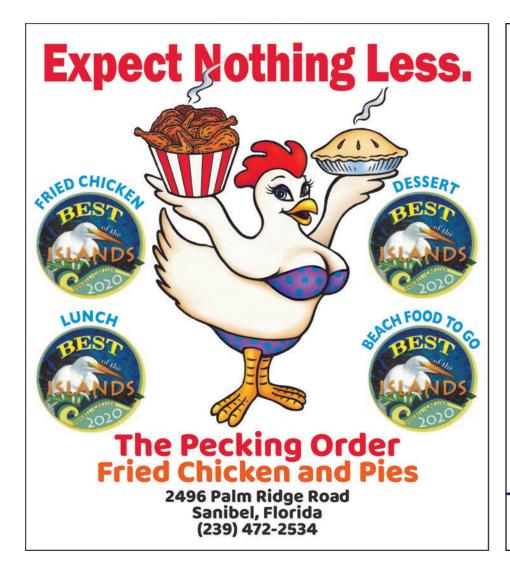
Western Dry Rocks is an important spawning location for many recreationally and commercially important species such as snapper, grouper and permit.

The protection of spawning aggregations, in combination with traditional management approaches (eg, size limits, bag limits and vessel limits), represents a comprehensive conservation strategy aimed at sustaining and enhancing fish populations. A seasonal no-fishing closure at Western Dry Rocks provides added protections for multiple species of spawning fishes while allowing fishing access for the remaining eight months of the year.

For more information about Western Dry Rocks, visit www.myfwc.com/marine and click on Recreational Regulations and Western Dry Rocks.☆

SCA Annual Meeting Notice

he Sanibel Community Association (SCA) annual meeting will be held on Wednesday, April 28 at 8:30 a.m. The meeting will be held in person and virtually. The in-person meeting will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. To attend online, contact The Community House at 472-2155. If you are currently a member of SCA, email or mail your ballot survey back to The Community House.☆





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In early 1980 Craig and Evelyn Stewart took their honeymoon to the islands of Tahiti, specifically Moorea. Coming from landlocked Oklahoma, this was quite literally paradise. They fell deeply in love with the island lifestyle. Needless to say they had had enough of "living for the city." Nearly five years later after traveling and researching, Craig discovered Sanibel Island on a business trip to Naples and just like that, Sanibel struck him like a coconut to the noggin. As legend has it, Craig was on Sanibel for a mere 45 minutes before he found the nearest pay phone at the 7-eleven and called up Evelyn and said "honey, I've found where we are going to live with the kids!" In 1986 they moved down to Sanibel Island. Boom! Adventures in Paradise was born along side three strikingly handsome sons (insert chuckle here) a parrot, and the coolest wiener dog they would ever meet!

Beginning as a beach rental operation, the Stewart family learned first hand why our environment can be called paradise and a natural transition into passenger boats became inevitable. "Miss Paradise" a 40 foot powered catamaran was the first of it's kind in this area. She could take up to 49 passengers, was shallow drafted, beach-able and built like a tank! She is still running strong today and is the longest, continuous running vessel in our area. Why not Trolleys too?! Custom built, the Fabulous Island Trolleys rolled onto Sanibel in 1994. Between these two trolleys, they have put enough miles on them to have gone all the way to the moon! Life long friendships were formed on Sanibel, the kids began to grow up and went to the Sanibel School, the wiener dog chased lizards and the parrot continued to squawk loudly every morning. By 1996, Port Sanibel Marina would became home to Adventures In Paradise...to be continued...















The Southern Horse Mussel



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Modiolus squamosus
Beauperthuy,
1967 is the less
uncommon among
the local mussel

species. Scattered valves and even complete pairs may be found on local Southwest Florida beaches after storms, particularly during the winter. The species may grow to 65 mm, and the external shell surface is covered with a relatively thin, light-brown periostracum, which contrasts with the distinctive purplish color of the internal surfaces. Southern Horse Mussels can be distinguished from the American Horse Mussel by the orange color of the inside of the valves (instead of purplish), and by the more "obese" shell on this latter. Read more about mollusks and their shells at www.shellmuseum.org/shellguide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are



The Southern Horse Mussel, Modiolus squamosus, from Sanibel

photo by José H. Leal

required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www. shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.☆ Read us online at www.lslandSunNews.com

American Legion Post 123

merican
Legion Post
123 is serving
barbecued ribs and
chicken from noon
to 8 p.m. on Sunday,
April 11. A meatloaf
dinner is on the menu
for Sunday, April 18.
All are welcome.



On Tuesdays, tacos are served all day. Steak sandwiches and cheesesteak are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. There are two tables in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.





Shell Found



Sandy McMillan

photo provided

🥆 anibel resident Sandy McMillan found a junonia near Nerita Beach Access on March 31.☆

Shell Found



Cathy Zimmer Bass

photo provided

athy Zimmer Bass from Sarasota, Florida found a lion's paw on March 27 in a shell pile near access #2 on West Gulf Drive.\$

Shell Found



Kathryn Savage

photo provided

Tathryn Savage found an alphabet cone while walking along Bowman's Beach at sunset on April 3. Her mother, Maryann Savage, said, "As longtime vacationers and now island residents, we are always looking for the perfect shell! We all squealed with excitement when this beauty rolled up in

Fish Caught



Luke Kalhorn

photo provided

uke Kalhorn of Rockville, Maryland caught a snook off the beach on a live greenie that he caught in a cast net. He said, "She was safely released back into the gulf after a great fight!"





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Discarded fishing line caused the demise of this pelican

photos by Bob Kern

Tree Service Removes Second Dead Pelican

ast week, Carlos Hernandez, The Tree Trimming Doctor, had his crew remove a dead pelican from an Australian pine hanging out over the waterway behind 1350 and 1390 Middle Gulf Drive. The pelican was tied up in fishing line and had been hanging from the tree for a couple of days. This is what

can happen if you don't "mind your line" when you go fishing.

Two of the trimmers, Nelson Maradiaga and Angel Almazan, climbed up the tree in safety harnesses and roped the branch where the bird was hanging. The next step was to cut it off and let it fall in the waterway. Then they pulled the branch out and removed the carcass for proper disposal. While the trimmers cleaned up the branches, another person took the carcass to CROW for proper disposal.

The Tree Trimming Doctor operates on Sanibel and Captiva and removed



Nelson Maradiaga and Angel Almazan cutting the branch to release the dead pelican

another dead pelican last year in the same general area, closer to Beachview Tennis Club. Both removals were done without charge.*

From page 1

Education Fund

Westland, supervisory refuge ranger. "John loved this refuge, this island and the community. He was an example of the kind of leader every community needs. His devotion and loyalty made him a cherished volunteer who we sorely miss."

Even after losing full use of his voice, Carney remained something of an island celebrity. He is known above all for starting the annual New Year's Day tradition of the Polar Bear Plunge into the Gulf of Mexico off Sanibel Island.

A longtime member of the Rotary Club of Sanibel-Captiva, he was forever serving his community – whether setting up luminary candles for the chamber's annual holiday event or working art fairs.

When Carney passed in 2020, his wife looked for a meaningful way to honor his legacy, one that fit with his generosity and love of the refuge.

"A permanently endowed education fund will continue to keep his legacy alive for years and years to come by supporting conservation education programs at the refuge and inspiring our future stewards to embrace a community and value our natural spaces like John did," said DDWS Executive Director Birgie Miller.

Refuge donors are able to establish named, permanently endowed funds for \$10,000 or more and work with DDWS staff to restrict them to their areas of interest or leave them as unrestricted. Income from the endowments can fund individual projects or ongoing education, intern, programming, research or other specific needs.

Friends of Carney can contribute to the John E. Carney Education Fund through the "Ding" Darling Wildlife Society. To contribute to or establish an endowed fund, contact Miller at 472-1100 ext. 232.**









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Peppercorns





by Resident Chef Jarred Harris

Peppercorns are the dried fruit of the piper nigrum plant, which is a member of the Piperaceae family. This species produces many types of peppercorns that are used as a spice and as medicine. Peppercorns contain a chemical called piperine. This chemical gives pepper its distinctive taste and causes most people to sneeze.

The piper nigrum plant is grown throughout Southeast Asia and other subtropical regions around the world, with Vietnam being the largest producer of black peppercorns worldwide. Peppercorns are one of the most prized spices in the world today, making up 20 percent of the monetary value of the global spice trade.

Native to South India, peppercorns have been cultivated for over 4,000 years. In fact, peppercorns were found in Egyptian tombs with pharaohs, dating back

2,500 years before Christ.

Peppercorns can be found in four colors, with black being the most common. Black peppercorns are picked when they are green, pickled and dried in the sun until they turn black. White peppercorns are black peppercorns with the skin removed. Green peppercorns are picked when they are green and then pickled, freeze-dried, dehydrated or packed in brine. Red peppercorns are the most expensive variety because they are rare. Red peppercorns are green peppercorns that are ripened before they are picked and then dried

Peppercorns contain vitamins C, K and B6. They contain manganese, copper, magnesium, calcium, phosphorus, iron and potassium. Black pepper also has a very high caffeine content.

Peppercorns should be stored in a cool dry place, or even the refrigerator.

Here is an interesting recipe to try:

Peppercorn Sauce

- 1 tbsp. whole peppercorns
- 1 tbsp. butter
- 1 large shallot (minced)
- 1/4 cup cognac
- 3/4 cup beef stock
- 1/3 cup heavy whipping cream salt to taste

Method

Melt butter in small saucepan. Add minced shallots and sauté over mediumhigh heat until softened and browned. Pour in cognac and let simmer for about a minute. Pour in beef stock. Stir and let simmer rapidly for up to 3 minutes, then let it reduce by about half. Turn heat down

to medium and add pepper. Pour in heavy whipping cream and gently simmer for another minute or until slightly thickened. Transfer to gravy boat and serve.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.**

Thoughts On Matzo Brei

submitted by Tanya Hochschild, Bat Yam Temple of the Islands

The Jewish diaspora has yielded many gastronomical treats – bagel and lox, chicken soup, matzo balls and latkes, to name a few. Over the centuries, favorite dishes have evolved shaped by dietary laws and tradition – one of these is matzo brei.

Growing up in South Africa, our family was not familiar with this favorite breakfast treat served during Passover. We knew about gefilte fish, tzimmes (a stew of carrots and prunes) chrein (horseradish) and all the symbolic food on the Passover seder plate.

We were well aware how Jewish law prohibits the eating of bread and other leavened grains, such as wheat, barley, oats, rye and spelt during Passover. What to do with all those unopened boxes of matzo by the eighth day of Passover. The problem is brilliantly solved (and many

don't wait until the eighth day) by serving Matzo brei. You might be thinking how tasty could a slab of "cardboard" be? Ah! Add eggs, heat, timing and a Passover miracle occurs. The following is our cousin Brad's recipe. He produces a dish that is both crisp and chewy.

He takes six matzo and places them in a colander, sprays them with water until they are sodden, but not soaked. He then breaks them into pieces with the back of a wooden spoon, and adds them to a deep bowl of six whisked eggs. He folds the two ingredients together, until the matzos are covered with the egg mixture. He carefully places the mixture into a large pan of hot oil, and flattens it into a pancake shape. The difficult part of this recipe is calculating how long to let it cook; not too long a time that it burns but not too short a time that it doesn't crisp up. He covers the pan with a lid and carefully watches until the critical moment when he lifts the lid, flips the pancake over with a large spatula, leaves the lid off and waits for the oil to do its job.

When he considers it done, he lifts the pancake and places it on a serving platter, breaking it up further with the spoon. He takes it over to the table where, depending on one's tradition, you either serve it with sweet accompaniments such as apple sauce, maple syrup and berries, perhaps with a dollop of lebneh (a Middle Eastern cheese made from strained yoghurt) or you add savory accompaniments of different vegetables. Either way, it should be served piping hot and with tea or coffee. Bon Appetit.

















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Cauliflower Bake

1 head cauliflower, blanched and broken into small pieces

1/4 cup celery, diced

½ cup sweet onion, diced

1/4 cup green onions, chopped

2 tablespoons fresh herbs, chopped fine (such as rosemary, thyme, or parsley)

4 strips bacon, cooked and chopped

1 cup vegetable broth

1 cup milk (whole or 2%)

½ cup cheddar cheese

½ cup Parmesan, grated

3 ounces cream cheese

2 tablespoons garlic, minced

2-3 tablespoons all-purpose flour (depending on desired thickness)

1 tablespoon all-purpose seasoning (such as Everglades)

2 tablespoons unsalted butter

1 tablespoon vegetable oil



Cauliflower Bake

photo courtesy Fresh From Florida

Sea salt and fresh ground pepper, to taste

Preheat oven to 375 degrees. Lightly grease 8-inch square or oval casserole dish.

Preheat a large sauté pan over medium-high heat, add oil and butter. Sauté celery, onions, and garlic until soft, about 5 minutes. Sprinkle flour over vegetables and stir to create a paste. Slowly add in vegetable broth and milk while whisking. Stir in cheeses and season with all-purpose seasoning and pepper. Bring to a boil then reduce to simmer for 4-5 minutes to thicken. Taste and adjust seasoning if needed. Add in blanched cauliflower. cooked bacon, and fresh herbs. Mix to combine and pour into casserole dish. Sprinkle with more cheese if desired and bake uncovered for 30 minutes, or until golden brown.

Fresh tip: Broccoli can be

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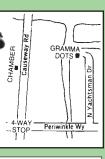
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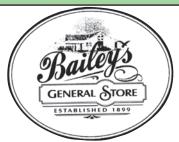


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CROW Unveils New Logo

he Clinic for the Rehabilitation of Wildlife (CROW) revealed a newly designed logo at its 2020 virtual membership meeting on March 31.

The new logo features large block letters with the silhouettes of several animal species that CROW treats each year. Three birds, a brown pelican, a great blue heron and a great horned owl, represent CROW's avian patients which account for over 60 percent of its annual caseload. Mammals, represented by a North American river otter and a northern raccoon, account for 30 percent of patients, and the remaning 10 percent are reptiles and amphibians, represented by a sea turtle.

The sea turtle is featured prominantly since CROW is the only licensed sea turtle rehabilitation facility in Southwest Florida with the next closest ones along the Gulf Coast being Mote Marine in Sarasota and the Marathon Turtle

Hospital in the Florida Keys. The logo was designed by John Jacobson, a long-time supporter of CROW and owner of Intergraphic 2.0.

"We wanted the animals to represent CROW as a whole, and John did such a great job," said Executive Director Alison Charney Hussey. "Our new logo pays homage to our original logo by including the owl and raccoon, but after 53 years and over 100,000 patients, the new logo represents CROW as we are now.'

The transition to the new logo is already under way. Followers on CROW's social media may have already noticed the change, while printed materials will not see the change until current stocks have been used. Items with the new logo, including T-shirts, stickers and magnets will be available for purchase at CROW's Visitor Education Center or the online store. All proceeds from the sale of these items benefits wildlife patients in care at the hospital.

For more information, or to plan your visit, go to www.crowclinic.org. If you find an animal that is in need of help, call 472-3644 ext. 222.☆

Community House Events

There will be an arts and crafts fair this Sunday, April 11 from 9 a.m. to 2 p.m. Local vendors will be selling a variety of handmade items. There is no admission charge but masks are required.

Residents and visitors are invited to the Curry Community Social with Chef Jarred Harris on Wednesday, April 14. The meal will include Garlic Naan Bread, Poppadums with Raita and Homemade Chutneys, Mulligatawny Soup, Tandoori Chicken, Vegetable Jalfrezi, Beef Madras, and Basmati Rice. Cost is \$20 for members and \$25 for guests. Coconut Caramel Custard dessert is \$5 extra. Curbside pickup will be available from 5 to 6 p.m. In-person dining begins at 6

The Sanibel Community Association (SCA) annual board meeting will be held on Wednesday, April 28 at 8:30 a.m. Inperson and virtual options are available.

Line Dancing with Maria Di Rosa is offered on Tuesdays at 1 p.m. Cost is \$5 per class.

The Sanibel Party Bridge Club meets on Tuesdays at 1 p.m. All are welcome. Bringing a partner is preferred. Cost is \$5 suggested donation.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays at 1 p.m.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own

weights, \$5 suggested donation.
The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome, \$5 suggested donation.

Shell Critter Kits are available for

purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155. \$

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Teaching Children How To Care For A Pet



by Allison Havill Todd

t some point, most parents will experience a time when their child is begging them for a puppy or other pet. It can be challenging not to give in to their

incessant pleas and promises to care for the new family member. Should you and your family decide that it's appropriate to bring a new pet into your home, it's important to teach your children the responsibilities associated with caring for their new canine companion. Too often, the novelty of having a new puppy wears off in a few weeks when junior realizes the amount of work and dedication required with the introduction of the pet.

Whether you are adopting a dog from a shelter or buying one from a breeder, any reputable organization will encourage all family members to meet the new dog before making a decision to bring it into your home. This is a perfect opportunity to demonstrate to your children the proper way to interact with a new animal. Responsible shelters



A child and her cherished companion

and breeders are experienced in reading the body language of a dog and can help you and your family understand the same signals and oversee first introductions.

An animal should never be treated as a toy or a temporary play thing. Rather, they are living beings with feelings and deserve to always be treated in a respectful and kind manner. Children should be closely monitored when introducing a new dog into your home to ensure they understand how to approach photo provided

the animal and when to give it some space. Include your children in obedience training at the onset with a trained professional who can guide you and your family. Assign your children tasks involved with caring for the new furry family member. Fido will need regular exercise, grooming, training and feeding. There is also the unpleasant task of scooping poops or cleaning up after accidents. Keep it fun and never use these activities as a form of punishment for your children or they will start to

resent the animal.

I do not encourage bringing a dog into your home on a whim. This should be a carefully thought out decision; you are making a commitment that may last 10 to 15 years or more and should not be taken lightly. If you have decided that the time is right and you and your children are prepared to serve as caretakers for the new family member for the duration of its lifetime, then it is also your responsibility to educate your children on the proper treatment of

Children who are taught responsible stewardship of their pets from the beginning will form lifelong bonds with their beloved animals. They will serve as good role models to other children and will most likely carry these traits into adulthood, where they can continue to be good examples of animal advocacy. When properly guided, they will learn that abusing or abandoning an animal is unacceptable, and they can pass this on to future generations. Children who learn how to be their dog's best friend will receive so much in return and will experience the unconditional love these creatures give so freely to us.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @ thedoggiemom and facebook.com/ thedoggiemom.☆

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Brad MacKenzie and Kyle Sweet with Sweet's photograph Osprey in Flight photo provided

New Art Exhibit Opens At Local Restaurant

welve large-format photographs by local artist Kyle Sweet are on display at Blue Giraffe 2 through April. The exhibit focuses on local wildlife, plants and landscapes. The

canvases are hung in three different rooms in the restaurant. In the absence of an artist's opening reception, the artist and Blue Giraffe 2 invite the public to stop by the restaurant to view the exhibit.

Sweet has lived in Southwest Florida for nearly 30 years, and has been an avid photographer since high school. He has been course superintendent at The Sanctuary Golf Club since 1997 and has photographed its native

wildlife since 1993. With the help of local environmental professionals at the City of Sanibel, Sanibel-Captiva Conservation Foundation (SCCF) and JN "Ding" Darling National Wildlife Refuge, Sweet became a certified florida master naturalist. Images of Florida's unique ecosystem and wildlife are a primary focus of his photographs, including the pristine bays and beaches of Sanibel and Captiva, local preserve lands, The Everglades, and the areas throughout central Florida where he

"We're delighted to showcase the

gorgeous, lush photographs Kyle has included in this exhibit," said Blue Giraffe Manager Brad MacKenzie. "It's a great pleasure to be able to sponsor an exhibit space that promotes amazing visual artists like Kyle who live and work

in our community."
Blue Giraffe 2, at Beachview Estates, is next to the Sanibel Island Golf Club at 1100 Par View Drive, Sanibel. The restaurant is open to the public every day from 11 a.m. to 8 p.m., for lunch and dinner, and brunch on Saturday and Sunday. For more information, call 558-5634.

County Accepts Grant For Water **Quality Project**

he Lee Board of County Commissioners has accepted a \$180,000 Innovative Technologies Grant from the Florida Department of Environmental Protection for a water quality and treatment research project.

The research, in partnership with Florida Gulf Coast University and the South Florida Water Management District, will test various methods for removal of nitrogen from the Caloosahatchee surface waters in order to improve water quality.

The research will take place at the C-43 Water Quality Treatment and Testing Project Boma site in Glades County, which includes 12 tanks,

called mesocosms, containing wetland vegetation that were used to conduct a water quality assessment of nutrient removal from Caloosahatchee water that was allowed to flow through the wetland cells.

This project will utilize some of these mesocosms to test innovative technology that could reduce nutrients in water bodies, and prevent or mitigate harmful algal blooms.

The Caloosahatchee estuary has a total maximum daily load (TMDL) state designation for Total Nitrogen and an adopted State of Florida Basin Management Action Plan to lower this pollutant. Commissioners spend millions of dollars annually on projects to reduce pollutants in the estuary.

For more information on Lee County's efforts to protect and improve water quality, visit www.leegov.com/ water.∜



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The Four Winds



by Di Saggau

Then stopping at a local book store recently, I was told that *The Four Winds* was flying out of the shop. This is not surprising since the author is a favorite of many. The book is

about love and heroism during the Great Depression. In 1921 Texas, 25-year-old Elsa felt unloved by her parents. She is very unhappy and longs for someone to love her. She starts seeing a younger man named Rafe and soon becomes pregnant. Her wealthy parents disown her. Elsa eventually has two children, and life is comfortable for the family. But when the Great Depression hits along with the Dust Bowl, everything changes.

By 1934, the world has changed. Millions are out of work, and drought has devastated the Great Plains. Elas refuses to stop fighting for her family. As the dust storms get worse, they travel to California hoping for a better life. Instead they find even more hardship and poverty. I found this book to be extremely depressing, but I am glad I read it. Hannah manages to bring her characters to life, and you will feel their small triumphs, the tragedies they face and most of all their bravery.

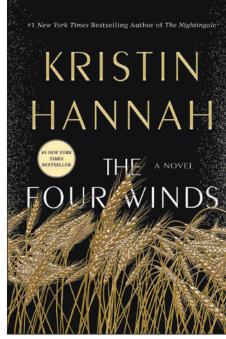


image provided

The Four Winds is an indelible portrait of America and the American Dream, as seen through the eyes of one indomitable woman whose courage and sacrifice will come to define a generation.

Author Delia Owens sums the book up by saying, "Master storyteller Kristin Hannah reminds us that the human heart and our earth are as tough, yet as fragile as a change in the wind, a timely novel highlighting the worth and delicate nature of nature itself."

School Smart



by Shelley M. Greggs, NCSP

Shelley,
My son
is in kindergarten,
and his teacher says
he's having trouble
crossing the midline.
I'm not really sure
what that means,
and what I can do

about it. Please explain.

Kimberly F, Fort Myers

Kimberly,

The spine is the body's midline. It runs from the base of the skull through all the vertebrae to the sacrum, ending at the coccyx. It connects the top, middle and bottom of the body and is the body's structural and functional center. Crossing the midline is the ability to move an arm or leg across the middle of the body in order to perform a task. It's an important developmental skill that establishes using both sides of the body together, stimulating coordination and communication between the left and right hemispheres of the brain. This skill may be evident in some infants as young as two months when they start reaching out for an object. Typically, infants show the beginning of this skill development at around six months. The ability to cross the midline continues to develop until a child reaches 8 or 9 years old. By this age, they usually have sufficient core stability to use both sides of their body.

Crossing the midline is vital to the development of using both sides of the body together, such as putting on shoes and socks, writing and cutting. It also encourages bilateral coordination, the process of developing a dominant hand and development of fine motor skills.

Crossing the midline affects a child's ability to perform coordination tasks such as: writing, cutting, reading, fine motor tasks that are the small movements made with the fingers and wrists, and gross motor skills and whole-body movements. When a child avoids crossing the midline, skills such as writing and reading may be delayed or more difficult to learn.

Below are some games that are great for cross-the-midline practice because they provide opportunities to exercise body awareness, balance and muscular strength, while developing the necessary hemispheric brain communication.

Participating in a tug of war game encourages hands to midline, hands to cross the midline and provides excellent proprioceptive input.

Playing with toy cars is also a good developmental activity. Draw a big road on a flattened cardboard box. Your child can sit on the floor and drive the car along the road crossing the midline

the road crossing the midline.

Baseball/Tee-ball are great for crossing the midline. Holding onto a bat and swinging at a ball on a tee or that has been pitched encourages the hands to cross the midline.

Tennis is also an excellent choice for midline practice. Hitting a tennis ball with different shots encourages a different trajectory across the midline. Practice a forehand swing, backhand swing and overhead serve. If you do not have a

tennis racquet or it is too difficult for your child, makes paper plate paddles and use a balloon practicing the same swings.

Digging in the dirt or sand is always fun for kids. Have your child sit down, kneel or squat. Place a bucket on one side of him and the shovel on the other side. Have your child dig and then rotate to place the dirt in the bucket. Do not let him switch hands with the shovel when going to put the dirt in the bucket.

Playing Simon Says is a quick and easy way to build this skill. As the adult Simon, make sure to use instructions and movement such as "put your right hand on your left shoulder" or "touch your left knee with your right hand" to promote crossing the midline.

If after working with your child with these activities, you do not see improvement, you may want to talk with your child's school or physician who might recommend an occupational therapy evaluation.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www. schoolconsultationservices.com.

From page 1 Pride Of The Park



Clear Your Gear display prototype

photo by Claudia Burns Gear. Each dollar represented a vote for

Gear. Each dollar represented a vote for a specific home. The home earning the most dollars/votes won a Pride of the Park 2021 sign to display in the front yard. The winners of the Pride of the Park contest were Patti and Sean Daly.

Proceeds from the event will fund production of displays for fishing-related outlets such as bait shops that show anglers the harm carelessly discarded tackle can inflict on birds, reptiles and mammals.

Residents look forward to next year's Pride of the Park fundraiser. Learn more at Clear Your Gear on Facebook.



Art Exhibit, Online Assistance At Sanibel Library

anibel Public Library is open to the public and also offers its popular contactless curbside service. To use the service, place items on hold online or make requests by calling the library at 472-2483. You will be notified when your items are ready for pickup.

Reference Librarian Beth Jarrell is the recipient of the statewide Exemplary Reference Ask A Librarian Award for Detailed Chat, awarded monthly. Ask a Librarian helps those seeking assistance with library and research-related questions from reference staff, at no additional cost. Ask A Librarian provides Florida residents with online help through live chat and text messaging from 10 a.m. to midnight Sunday through Thursday, and from 10 a.m. to 5 p.m. on Friday and Saturday.

This "Virtual Reference from A Human Search Engine" service is funded with a grant from the federal Institute of Museum and Library Services through the Florida Department of State, Division of Library and Information Services. There are more than 100 public, academic, school and special libraries in Florida offering reference services via www. askalibrarian.org.

Jarrell began working at the Sanibel



Sanibel Public Library Reference Librarian Beth Jarrell

photo provided

Public Library in 2019. She graduated with a bachelor of arts with honors in journalism from the University of Toronto in 2015, and earned a masters of library and information science from the University of Washington in 2019. Originally from Saskatoon, Saskatchewan, her family has been vacationing on the island for more than 20 years.

Locals and visitors are welcome to virtually attend U.S. Civil War History

Programs with Duane E. Shaffer of Sanibel Public Library. He will present four history programs via Zoom; April 9 and 30 and May 14 and 28. More details and login instructions are on the website at www.sanlib.org. Replays of Shaffer's 2021 WWII virtual programs can be watched online, the link is on the homepage.

Sanibel Public Library has 2020 IRS Form 1040/1040 SR and its instruction booklet. These tax forms are available

in limited supply. All other tax forms can be printed from the www.irs.gov website. If you need help printing, ask staff for assistance. You do not need to have a library card to use printers at the library.

Youth Services Librarian Deanna Evans posts online storytimes each week. Her videos can be found on the children's page at www.sanlib.org/children.

Landscape and seascape acrylic paintings by Sanibel Captiva Art League member Jim Storer are on display this month.

Library cardholders can stream or download eBooks, movies, music, newspapers and magazines through eShelf. Computers, printers, scanners and fax machines are available and are sanitized between each use.

WiFi is available throughout the building. Mobile WiFi hotspots are available for checkout. Many eBooks and several new apps have been added in the past year, including online access to newspapers from around the world.

The library requires that everyone in the building wear a mask and follow social distancing practices. The library is quarantining all materials between loans. During this time, library materials may appear as overdue on your account. Do not renew the item if it has been returned. Contact the library at 472-2483 or notices@sanlib.org if you have any questions. Sanibel Public Library is located at 770 Dunlop Road.





Highlights From CHR Give Back Wednesday At 400 Rabbits



From left, Cleta Yamauchi and Jeramie Campana with Lena and Steve Brown photos provided



Mike and Jill MacPherson



Bob and Lisa Ann Miller



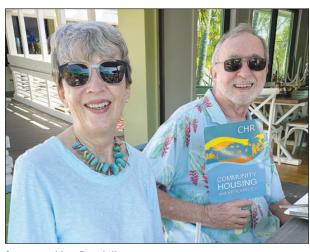
From left, Melissa Rice, Debra Campana and Cleta



Sydney Squid and Jewel Brown



Cathy Lanier



Susan and Les Pendelton



Ed Holden



From left, Rebecca, Melissa and Scot Congress



Romas Vaickus and David Lowden

BIG ARTS Documentary Series

Mike Wallace Is Here

by Di Saggau

n Wednesday, April 14 at 12:30 p.m. BIG ARTS will show Mike Wallace Is Here, the second film in the critically acclaimed Documentary Series. The film runs one hour, 34 minutes and will be shown in Christensen Performance Hall. After the movie, I will lead a discussion in the theater.

The film takes a look back at Mike Wallace's career, which includes just about anyone who was famous or infamous. And he made some of them squirm as you will see in this absorbing new documentary. This includes Vladimir Putin, Ayatollah Khomeini, Bette Davis, Barbra Streisand, Eleanor Roosevelt and a host of others.

There are also some conversations between Wallace and some of his 60 Minutes colleagues at the time of his approaching retirement. We get the feeling he wasn't happy about it. He gained success when 60 Minutes premiered in 1968. One chilling moment in the film is when he is interviewing a U.S. soldier involved in the massacre at My Lai in Vietnam. All of a sudden Wallace asked, "How do you shoot babies?"

The remaining films in the series are Fiddler: A Miracle of Miracles, April 21

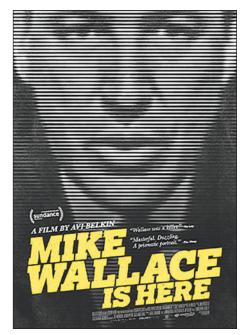


image provided

and The Disappearance of my Mother, April 28.

Tickets are \$10 and available in advance or on the day of the film at the BIG ARTS box office, located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit www.bigarts.org.

Di Saggau is a member of the BIG ARTS Film Series Committee, past president of the Film Society of Southwest Florida, and feature writer for the Island Sun and The River Weekly newspapers.

BIG ARTS Monday Night Film Series

Puzzle

by Di Saggau

The BIG ARTS Monday Night movie for April 12 is *Puzzle*, a good-hearted midlife crisis drama starring Kelly Macdonald as Agnes and Irfan Khan as Robert. Agnes is a housewife who starts her own journey to self-discovery through jigsaw puzzles. It begins when she opens a birthday gift that contains a 1,000-piece jigsaw puzzle. This ignites a new passion in her and she also realizes that she's actually quite good at something.

While visiting a puzzle store in New York City, Agnes spies a note stating that a champion puzzler is looking for a partner. That puzzler is Robert, who is still reeling from losing his former partner, who was his wife. We know from the moment these two meet that they will form a profound bond. Agnes is looking for a piece of something that feels real and true. With Macdonald in the starring role, she puts the pieces together.

The film runs 103 minutes and will be shown at 7 p.m. in Christensen Performance Hall. Tickets are \$10 and can be purchased online or at the box office. There will be no discussion following the film.

Visitors are required to wear masks and are asked to be mindful of social distancing. Only 50 percent of the seats in Christensen Performance Hall are

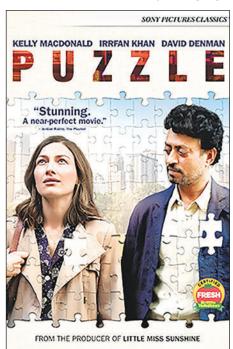


image provided

being sold. The air filtration system has been enhanced, all surfaces are wiped down between use, a professional sanitizing fogger is being used after each gathering and there are hand sanitizing stations throughout the ground floor.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.

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-Myton Ireland

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BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 28, NO. 41

SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 9, 2021

Congressman Shows Support For Water Quality

The Sanibel & Captiva Islands
Chamber of Commerce hosted
Byron Donalds, U.S. Representative
for Florida's 19th District, on April 5
to meet with community organization
and business leaders on the topic of
water-quality legislation. Sanibel-Captiva
Conservation Foundation (SCCF) provided
a boat tour of Tarpon Bay for a small
delegation. Following the tour, Thistle
Lodge hosted a round-table luncheon for a
larger group.

Donalds expressed a commitment to listening to questions and issues about water quality and to represent those concerns in Washington. "It's the number one thing to make sure I'm doing," he said. "The government does need to fix our waterways, because they created the problem."

Sanibel Mayor Holly Smith expressed confidence in the congressman to stick with the issue for the long term. "You are continued on page 14B



Front, from left, Chamber CEO John Lai, Sanibel Mayor Holly Smith, "Ding" Darling Wildlife Society President Sarah Ashton, South Florida Water Management District Governing Board Member Chauncey Goss and SCCF Environmental Policy Director James Evans. Back, from left, Jessica Pinsky and Capt. Chris Wittman of Captains For Clean Water, Byron Donalds' support team members Jesse Purdon and Larry Wilcoxson, Congressman Byron Donalds and JN "Ding" Darling National Wildlife Refuge Manager Kevin Godsea.



Winners of the mens division, The Sanibel Captiva Trust Company foursome, from left, Maynard Luterman, Brad Byers, Paul Munns and Ed Ciskowski photos provided

Over \$47,000 Raised For Breast Cancer Research

It was a picture perfect Sanibel morning on March 27 when 68 golfers, dressed in pink, teed off at 8:30 a.m. for the Play for PINK golf tournament at The Dunes Golf and Tennis Club. Although half the field of previous years due to the COVID-19 safety protocols, the generosity of the local business community and individuals made this event a heartwarming success.

The Sanibel Captiva Trust was the lead sponsor who underwrote the luncheon. Sanibel Captiva Community Bank returned as a major sponsor and



Mulligan sales added to the proceeds sent to the Breast Cancer Research Foundation

was joined by Pfeifer Realty Group, which sponsored the putting contest. All of proceeds from the event go to the Breast Cancer Research Foundation. Underwritten by the Estee Lauder Companies, this foundation is the largest private funder of breast cancer research worldwide and the highest rated breast cancer charity in the country.

Winning the men's division was The Sanibel Captiva Trust foursome of Ed Ciskowski, Brad Byers, Paul Munns and Maynard Luterman. The winning ladies team was Joni Luterman, Gay Nichols, Maureen O'Brien and Maureen Saage. The winners of the mixed division were Kevin and Joie Steel and Teresa and Jake

continued on page 10B



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Promotion At Community Bank

anibel Captiva Community Bank promoted Kyle DeCicco to executive vice president. DeCicco has been part of the executive management team since January 2020 and this promotion is further recognition



Kyle DeCicco

of his exceptional leadership and strong commitment to the bank. He will continue to lead the bank's lending programs, as well as focus on the bank's strategic priorities.

DeCicco leads the bank's efforts in administering the Small Business Administration Paycheck Protection Program. Under his direction, the bank has successfully secured over 800 loans totaling nearly \$100 million, helping to save thousands of Southwest Florida jobs in the wake of the COVID-19 crisis.

DeCicco joined the bank in 2016 as vice president and commercial loan officer, focusing on commercial real estate

lending and relationship development with local businesses and investors. With over a decade of banking experience, he has worked in commercial real estate and lending, credit analysis, portfolio management of performing and nonperforming loans, and management of FDIC insured loss-share assets. His efforts have resulted in the bank closing nearly \$170 million in commercial loans in six years, the majority of which support local individuals and businesses seeking to launch a business, grow operations or purchase real estate.

He is a recent graduate of the Florida Bankers Association – Florida School of Banking and also holds a bachelor's degree in business administration from Florida Atlantic University. With the bank's support, DeCicco is currently enrolled in the American Bankers Association Stonier Graduate School of Banking at the Wharton School of the University of Pennsylvania.

As a Southwest Florida native, DeCicco is committed to supporting community organizations by serving as a board member of The Foundation for Lee County Public Schools and a member of the foundation's grant selection committee. He is also a Captain-level Keel Club member of the United Way of Lee, Hendry, Glades and Okeechobee Counties.☼



The Johnson family, from left, Richard, Mead, Calli, Bailie and Dane

photo provided

Family Business Co-Sponsors Issue Of Magazine

anibel-Captiva Conservation Foundation (SCCF) extends a thank you to Bailey's General Store for co-sponsoring the spring issue of its new

The magazine, Connecting You to Nature, will be mailed island-wide and to all SCCF members in mid-April. The second issue of the seasonal magazine spotlights key research, advocacy and educational initiatives by SCCF to protect and care for Southwest Florida's coastal ecosystems.

"For our family, supporting the environment and our community is a long-standing tradition that began two generations ago," said Bailey's General Store owner Richard Johnson. "By choosing to shop locally at Bailey's, you help us carry that forth into the next generation.'

'We are so thankful that Bailey's is sponsoring our magazine to help spotlight the work our talented team of scientists, educators and policy advocates do, said SCCF CEO Ryan Orgera. "We're also grateful for the leadership role that Richard and his family play in our community that extends to eco-friendly and sustainable business choices as well."

SCCF also thanks Uhler & Vertich Financial Planners for stepping up as co-sponsor of next month's issue. If your company is interested in future underwriting opportunities, contact SCCF Development Director Cheryl Giattini at 395-2768.☆

TARPON

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Barbara and Jim Brady
Kathy and John Dubuque
Maggi and Don Feiner
Andria and Paul Heafy
Debbie and Steve Klug
Lisa Ann and Bob Miller
Joan and Don Sherman
Kathy and Bob Wiesemann

ANGEL

Margie and Michael Bennett Diane and Bob Williams

BIG

Barb and Todd Bluedorn Ron and Debbie Brooks Sherry and Doug Gentry Inky and Jack Meng Mary and Jim Nelson Ellen and David Raisbeck Sheridan and Dick Snell Alice and Fred Stanback

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Shirley and Harold Miller
Kay and John Morse
Barry Moss
Beth and John Newland
Nathalie and Dick Pyle
Nancy and Chip Roach
Betty and Robert VanTassel

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In a year that has been universally challenging, we are inspired by YOU – our neighbors – with your compassion and generosity.

FISH has met the challenges in our community for almost 40 years, and with your help, we will continue to impact the lives of those living and working on our islands.

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ood programs • island based education • social and senior services • helping hands and financial assistance

Zonta Looks Back On Peek Repurposed

submitted by Sue Denham

66 Tt was way more fun than I expected." "I was surprised how Leasy it was to build the site and manage the auction software." "Island artists really stepped up for Zonta.' These and other positive comments reflected the fun that the Zonta Club of Sanibel-Captiva unearthed in executing its unusual fundraiser for 2021.

As the club looks back on Peek at the Unique 2021 Repurposed, it is with satisfaction and gratitude. In common with most other island organizations, the club created a more virtual format for an event that still offered unique elements but was far from the traditional, guided tour of island homes that has been the group's signature March contribution for nearly 20 years.

Instead of loading eager "Peekers" on to luxury buses, clearly not possible under CDC and COVID-19 regulations, the club set up an online auction and invited local artists to donate works to the cause. More than 30 artists were featured, and two galleries: Sanibel's Tower Gallery and Bokeelia Art Gallery on Pine Island. Zontian Marianne Ravenna, a Tower Gallery member since 2002, said, "The members were so pleased to be invited to help Zonta's cause.'



Zontian and artist Marianne Ravenna, auction co-chair, with Mary Jo Bogdon, the successful bidder on the giclee by Darryl photos provided

Tower members who participated were JoAnne Bedient, Charlie Brown, Michael Danley, Sally Dutko, Ludmila Evans, Katie Gardenia, Shah Hadjebi, Sheila Hoen, Sara Kiser, Megan Kissinger, Ikki Matsumoto family, Charlie McCullough Photography, Kelly Morrison, Carole Nastars, Marianne Ravenna, Susan Sadler and Buck Ward. Other donations came from Leslie Anding, Robin Cook, Dick Fortune and Sara Lopez, Jane Hudson, Charlie Frese, Sissi Janku, Toni Ory, Cathy Rabb, Nancy Vorel and several



Zontians at The Community House, where auction "winners" picked up their items: from left, Luanne Fortune, Marianne Ravenna, Nancy Dreher, Pam Eccles and Joanne Marriott

talented Zontians

Bokeelia Art Gallery donated a limited-edition giclee of a painting by Darryl Pottorf titled *Times of the Islands*. Commissioned by that magazine for its 15th anniversary cover in 2011, the painting featured the style Pottorf perfected during years as a protégé of the late Robert Rauschenberg. The gallery also donated Dark Sacred Night, acrylic on canvas, by the late Jean Dean. These two items were among the top money

raisers in the auction.

In addition, the club hosted a day of appraisals, held in person (masked and socially distanced) at The Blue Giraffe's new location in Beachview Estates. With professional appraisers providing 15-minute, informal sessions on either jewelry or small antiques, it was a unique approach to valuing family treasures and possessions. "We are so very grateful to our experts, Scot Congress and Carlos

WE MAKE BANKING ABOUT YOU!

continued on page 11B



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On the fence about buying or selling? Island real estate has never been hotter. According to Sanibel & Captiva Islands Multiple Listing Service as of 4/1/21:

		CONDOS		HOMES			LOTS		
# of Properties	For Sale	Sold Year- to-Date	Sold 2020	For Sale	Sold Year- to-Date	Sold 2020	For Sale	Sold Year- to Date	Sold 2020
Sanibel	54	132	192	40	174	290	31	43	23
Captiva	8	32	47	14	30	27	2	1	4
Total #	62	164	239	54	204	317	33	44	27



Looking to sell? SanibelSusan has successfully negotiated sales for 30+years & will get you top dollar. Want to buy? If you see something you like, don't delay, it might take years for another something-you-like to come along. SanibelSusan Realty has flip flops on the ground, ready to find what you want; sometimes it takes sleuthing.

At SanibelSusan Realty, meeting your goals is our goal.



At Pointe Santo C43, entry opens to bright white kitchen with island breakfast bar. Water views begin there & continue right through great room with sliders onto screened balcony. Then, spiral staircase leads to this private roof-top deck. En suite master with remodeled bath also has water views. Two roomy guest rooms share another remodeled bath. Handy stack washer/dryer nearby. Lots of storage plus exterior storage closet, assigned parking, clubhouse with pool, sun deck, hot tub, & children's activities, tennis/pickleball, BBQs, & on-site association office. Beachside chaise lounges & umbrellas provided daily. Outstanding rental income. Offered turnkey including future bookings. \$1,199,000



White Sands #23 offers privacy with condo convenience & gulf-view. Only 14 owners in this community on tropical parcel with plenty of owner & guest parking, plus pool, tennis &

BBQs. Last fall, building got an exterior update with concrete restoration, new paint, railings, etc. On 2nd floor with two bedrooms plus separate den with closet that serves as 3rd sleeping area. Both baths & kitchen have been updated. Wide screened balcony overlooking pool to beach & gulf spans entire width of unit & accessible from sliders in master suite & living/dining room. Tropical décor complements view & includes beachy wood-plank-look easy-care tile floors. In seasonal rental program with solid history \$1,099,000 furnished & with reservations



Island Woods. Parcel is irregular in shape, just over 1/3 acre, in Eco-Zone D2 (Upper Wetlands). This small community (38 olde-Florida-style homes) was developed by setting aside 10+surrounding acres as conservation land. Located mid-island just off Periwinkle Way, close to shopping & bike path. Community has shared pool & tennis. Closest public beach access is Gulfside City Park (Algiers Beach). Community architectural committee ensures home style conveys relaxing casual lifestyle. Most feature large wrap-around verandas, metal roofs, abundance of windows, & distinct front elevations with siding. Low quarterly HOA fee also covers grass cutting. \$199,000



To buy or sell, call The SanibelSusan Team



Susan Andrews, Realtor Broker/Owner



David Anderson Realtor Closing Coordinator



Lisa Murty Realtor



Elise Carnes Listing Coordinator Notary

Trust Company Showcases CHR Auction Item

he Sanibel Captiva Trust Company is a sponsor of the Community Housing & Resources (CHR) auction Manatee Madness this season in an effort to raise funds for affordable housing for those who work on Sanibel and Captiva islands. Local artist Lacy McClary was selected to pair with the trust company and transform a five-foot manatee mailbox into an original work of art. McClary created Painted Sailor, which currently welcomes visitors at the trust company

"I always had an affinity for the sea and the vessels that sail on them," said McClary. "The sailors who control the destiny of those sailboats have courage and adventure in their hearts and that's what Painted Sailor is all about." Al Hanser, founder and chairman of the trust company said, "We are grateful to Melissa Rice and her team for their selfless dedication to the mission of CHR and congratulate them on 40 years of helping island residents, and also thank everyone who has contributed to the success of this auction.'

The Manatee Madness auction is open until Thursday, April 15 at 5 p.m. For the latest information on Manatee Madness, visit www.sanibelchr.



Robin L. Cook and Darrin Grotrian of the trust company with Painted Sailor by Lacy photo provided

org/mm2021 and to make a bid on McClary's Painted Sailor manatee, visit https://www.32auctions.com/ organizations/81732/auctions/100272/ auction_items/2854581.以

New Staff Members At FISH

NSH of SanCap has added two new staff members to its team; Manuela Martinez as social services assistant and Heike Gosselin as receptionist and office assistant. "We're so excited to welcome Manuela and Heike to our team. They will be a great help in our ability to provide continued exceptional service to our neighbors in need and in ensuring we're able to better serve Sanibel and Captiva," said Maria Espinoza, FISH assistant executive director.

Martinez will assist the FISH Social Services Department with program efforts and community outreach. Martinez spent her undergraduate career studying international affairs with a minor in social entrepreneurship and business at Florida State University. She spent a semester studying abroad at the University of Alicante, Spain improving her business administration skills and intercultural goals. She has worked with the Florida Department of Economic Opportunity assisting Floridians with unemployment benefits and has additional experience working with nonprofits in the Tallahassee area. She is originally from Colombia and is bilingual in Spanish and English. "My goal is to provide impactful and meaningful services to those in need," said Martinez.

Heike will serve as the front office point of contact for incoming clients and visitors. For the last 10 years,



Manuela Martinez



Heike assisted residents at Shell Point Retirement Community as a call center specialist. Prior to that, she worked in customer service for Publix. Heike is originally from Frankfurt, Germany but

has been in the United States for about 30 years. She is bilingual in English and German and a Sanibel resident. "I'm happy to be here," said Heike. "I'm looking forward to working with the

island community."

To learn more about FISH, visit www.

SCA Annual Meeting Notice

he Sanibel Community Association (SCA) annual meeting will be held on Wednesday, April 28 at 8:30 a.m. The in-person meeting will be held at The Community House, located at 2173 Periwinkle Way. To attend online, call 472-2155.☆







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Spotlight Properties of the Week

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Community Helps Raise Over \$10K For Clean Water

ver \$10,000 was raised to support education on the issues facing Florida's estuaries and The Everglades in March at the Sanibel's Best Homemade Ice Cream fundraiser benefiting Captains For Clean Water.

'Thank you to local businesses, island visitors, residents, the chamber of commerce and the city council for their generous support this year, despite the challenges confronting every one of us over the past 12 months," said Laurie Verme, host of the fundraiser and owner of Sanibel's Best Homemade Ice Cream.

Proceeds from the sale of Dolphin Tracks ice cream, a popular flavor invented last year by Captain Chris Wittman, go to support the fundraiser," said Verme.
"Our good friend Dan Billheimer, owner of Lighthouse Café next door, pledged to match Dolphin Tracks proceeds dollar for

"Although it's been a tough year, we stand by our pledge," said Bilheimer.

'We urge the community to patronize the island businesses that stepped up for clean water," said Verme. Neighboring business EmOceans Beachstore donated a basket full of essentials for a day at the beach. "We are pleased to support this great cause on Sanibel," said Eddie Yahav, co-owner of EmOceans. "EmOceans is new to Seahorse plaza on Sanibel, but a longtime supporter of clean water in



From left, Chauncey Goss, Dan Billheimer, Laurie Verme, Alice Verme and Shane Lawrence with the check

photo provided

Southwest Florida.'

Capt. Whitney Jones, owner of Whitney's Bait & Tackle, donated a half-day charter. Adventures in Paradise donated a cruise in honor of their 35th anniversary this year. Billy's Bike Shop donated a surrey bike rental. A pickleball package came from the Sanibel Pickleball Group and the Bondurant family with Kingfisher Real Estate. Local pickleball instructor Peter Redpath donated a free lesson and performed during the raffle wrap-up event.

"Resort, restaurant and retail businesses are great clean water supporters," said Verme. Sundial Beach Resort & Spa donated a four-day, three-night stay. Casa Ybel Resort donated three-day, two-night stay. BeautifuLife by Kay Casperson donated a 50-minute facial from Kay Casperson Salon, Spa and Boutique.

Restaurant gift cards included \$250 from Island Pizza, \$175 from Joey's Custard, \$150 from Cielo, \$100 from Blue Giraffe, \$75 from Suncatchers Dream, two \$30 gifts from Sanibel Café, and two \$25 gifts from Lazy Flamingo. Rosier Insurance and Heidrick & Co. Insurance and Risk Management each contributed \$200.

"We offer a jewelry basket each year in memory of my mom, who treasured her collection," said Verme. "It's held today by the J&L Estate managed by my dad, Jay. He donated the diamond earrings this year, a true gift from the heart." A gift certificate from Lily & Co. Jewelers was contributed, as well as crystal shell and pearl necklaces from Kira Michael Gems.

Verme said, "I particularly want to recognize members of the community who came forward with large cash donations, including new Sanibel City Councilmen Mike Miller, John Henshaw and Dr. Scott Crater, and Leslie Rowan, Paula Dils, Alan Fisher, Mary Bondurant, Fred Nordstrom and Larry Bauer.

"A special thank you to Chauncey Goss, Capt. Daniel Andrews, Richard Johnson and John Lai, as well as local artist Luanne Fuller for donating unique painted shells and to Gloria Garrett of HMG and Maureen McGauran of Beachwalker Marketing & Communications for contributing fundraiser publicity," said Verme. "And finally, hats off to the team at Captains For Clean Water for coordinating activities with us again this year."

The signature Captains For Clean Water Dolphin Tracks ice cream will continue to be available throughout 2021. Every scoop sold raises funds to support water education and outreach.☆





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Superior Interiors

Work From Home In 2021



by Jeanie Tinch

s we continue exploring 2021 trends from the High Point Furnishings Market, the Work from Home category might be one of the hottest topics in the market if not in your own home. It

is undoubtedly no surprise that the Work from Home category is now an extremely important one.

Make working from home a memorable and effective experience for all. Whether working at home as adults or the children doing homework, or both, you all need a place to work on your own, a quiet place without distractions or to take those conference calls. You will want a home office that has it all, one that offers a nice, bright, cheery atmosphere in which to work. If you want to take a break during the day or just sit and escape to read, a relaxing chair will provide the perfect spot. The proper desk offers plenty of storage along with the possible additions of a credenza against the wall and perhaps even a smaller one under the window. Take care in selecting a coordinating desk chair that is comfortable for those long Zoom calls and that the scene behind you provides a thought-provoking backdrop reflecting your interests.

A well-appointed office should not be without a beautiful design feature such as a live edge desk or console full of colorful accessories. Don't forget to add the perfect window treatment to provide you with the right amount of light or privacy when needed. This room may be designed with the needs of only one person in mind, but what about everyone else in the family? What needs do others living in the home require? First, locate a designated room or a quiet space in your home, then begin to

choose from the many items essential to your design space.

To meet this new Work from Home trend, manufacturers are pushing to bring desks, chairs, accessories and everything necessary to work from home to the market as quickly as possible. A newly released stylish desk has the eye-catching design elements of polished chrome legs and faux leather top insert that really makes a statement. If this is too much style for your needs, don't worry, desks come in many shapes, styles and sizes. Some are more for looks, some provide self-storage and some have the power rise options and/or USB and wire management.

Whether the workstation is for you or your children, identifying your needs will help you choose the desk that is just right for you. Storage and a place to sit are right there at the top of the list for required office furniture or homework. At the end of the day, a place to get all the paperwork neatly out of the way is essential for an organized office. The last thing you want cluttering the space are items that distract from your work or a child's homework.

A tip in creating a study area for your children: the space should be designed to specifically meet the needs for your teen (or whatever the age of your child). Let them be involved in the design of their space. If they contribute to the design of the space, it may actually improve their focus and their study habits. While storage is considered functional, you don't have to sacrifice design and style in the space. A beautiful credenza or étagère can be an interesting addition. Seating is certainly crucial in your home office, and there are many types of stationary and moveable desk chairs to choose from that are both comfortable and ergonomic.

No home office desk or table would be complete without the right task light. Important to keep in mind, lighting should be layered. Along with a good task light and other lamps, adequate ceiling fixtures are important, and nothing beats good natural lighting from a sunny window.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.\$

From page 1B

Cancer Research



Nancy Orr and Barbara Chappell

photos provided

Miller. The winner for closest-to-the-line on #10 was Tom Shriner. Ladies closestto-the-pin on #2 was Janice White. And men's closest-to-the-pin on #11 was Tim Johnson. Larry Cima, Frank Riley and Tom Winkler all sank their 30-foot putts in the putting contest. But it was Tom Winkler who came closest-to-the-hole in the three-way putt-off.

Players supported the event with purchases of mulligans, raffles and Pay-the-Pro. Goody bags were filled with donations from Sanibel Captiva Community Bank, Pfeifer Realty Group, Walgreens and Bank of the Islands,

The Play for PINK Committee thanks The Dunes Country Club staff for the beautiful setup in the pavilion for the luncheon and morning breakfast for the golfers. Thanks also goes out to the pro shop and outdoor staff for their support during the many weeks of preparations.

The matching fund started by Barbara Chappell, and further funded by two anonymous donors, inspired generous giving by club members, families and friends. Donations to this fund total over \$14,000. The virtual auction that ran for four days was supported by over 50 local businesses and individuals, and raised over \$13,000. Corporate

sponsorships totaled \$6,500.

A special thank you goes out to "The Dream Team" – Teresa Miller and Donna Voss for countless house in producing the first virtual auction.

Other supporters include Gussie and Dave Blue, Carol Broderson, Fay Chestnut, Linda Defrancisco, Claudia and Terry Finzen, Bridget Funk, Amy Johnson, Anne Kuhnle, Janice McNeal, Linda Miller, June Muench, Kate and Paul Nichols, Maureen O'Brien, Nancy Risch, Joie Steele, Pat Wentling, Kenene and Don Weymouth, Willie Winkler, the many club members who solicited donations for the auction and to the local businesses who continue to support Play for PINK in spite of challenging

The committee extends a sincere thank you to the membership of The Dunes. Thanks to their outpouring of support and generosity, \$47,000-plus is on its way to the Breast Cancer Research Foundation.☆



Golfers purchased tickets for the 50/30/20 raffle before the 8:30 tee-off

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Peter Blaze Corcoran, center, with young Aboriginal leaders in 2019

photo provided

Professor Accepts **Australian Appointments**

submitted by Brielle Ruiz

ongtime Sanibel resident Peter Blaze Corcoran, professor emeritus at Florida Gulf Coast University, has accepted two academic appointments in Australia and continues his work in the South Pacific from afar.

Corcoran is adjunct professor of environmental and sustainability education at University of the Sunshine Coast in Queensland. In this position, he researches a variety of topics associated with K'Gari-Fraser Island, a UNESCO World Heritage Site with land title held by the local Aboriginal Butchulla people. He will work in indigenous education including training for university faculty and staff.

He was invited to be a presenter and critical advisor in the development of a K'Gari-Fraser Island research symposium in late 2021. It will be held in partnership with the Butchulla people. The theme is to look to 2050. Participants will engage in discussion about the future of the island and will co-create an action plan for longterm sustainable and culturally-informed stewardship. As the island faces numerous threats related to climate change, loss of biodiversity, invasive species, rising tourism and land mismanagement, protecting this sacred land is more important than ever.

Corcoran has worked in Australia for over 30 years and feels privileged to work with and learn from Aboriginal peoples. He said, "Australia has a very special place in my work. I have always been drawn to Aboriginal culture as the oldest continuous spiritual tradition on earth. I believe we have much to learn and that we will benefit from bringing the ancient knowledge forward.

Corcoran was also invited to be a member of the environmental sustainability education in the Anthropocene Initiative Advisory Group at Swinburne University of Technology in Melbourne. The initiative will support research and teaching that enhance environmental sustainability

education across all disciplines. The focus is to consider the human in relation to ecological entities such as plants and animals and technological entities, with the goal of understanding what it means to live in the Anthropocene, an era defined by widespread human influence on the planet. This initiative also includes timely research on the impact of the pandemic on children.

Corcoran also continues to serve as the senior advisor to Unity Earth, based in Melbourne. Unity Earth is a global network with a mission to accelerate the realization of unity and peace on earth. They are committed to honoring all wisdom and faith traditions, promoting inclusion and justice for all humans, and supporting the preservation of the planet. Corcoran said, "I look forward to

continuing my research and writing on environmental education, spirituality and indigeneity in Australia." He hopes to be able to return "Down Under" in late 2021, depending on travel restrictions.

From page 4B

Zonta

Fernandez of Congress Jewelers, and antiques appraiser H. Peter Curran and his wife, Nancy Vorel," said organizers Halle Smith and Barbara Beran. "Several people were surprised and pleased to learn the approximate value of certain items they owned far exceeded their expectations."

Zonta also thanks J. McLaughlin women's wear, which hosted a "Sip & Shop" the same day at their two island locations, donating part of the day's income to the event. Zontians were on hand to assist shoppers.

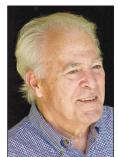
Proceeds will be awarded in grants to area nonprofits whose work helps empower women and girls. "We would also like to thank our sponsors and benefactors, who generously augmented the funds raised by the auction and the appraisals," said Susan Tucker, co-president. "We hope to return to the traditional home tour for 2022: meanwhile, donations are always gratefully accepted at our website, www. zontasancap.org."以

Charitable Foundation **Board Co-Chairs**

hip Roach and Virginia Stringer will assume the roles of co-chairs for the Charitable Foundation of the Islands (CFI) board of directors.

Roach joined the real estate firm started by his father and uncle in Philadelphia in 1948 and helped to grow it from 30 people in 1966 to approximately 4,000 people in 2003, when he sold his interest to his partners. He retired from active practice in 2007 and became a resident of Sanibel. Roach is former chair of the board of directors for Rosemont College, his local chamber of commerce, a national real estate referral service, as well as the MLS system for 33,000 realtors in the Philadelphia region. He previously served on the board of Sanibel Sea School and is board vice chair at Captiva Chapel by the Sea.

Stringer has been a board member since 2014, serving as grants committee chair, vice chair and now co-chair of the board. She began her career in marketing at IBM and then moved to The Pillsbury Company where she was vice president





Chip Roach

Virginia Stringer

of human resources for U.S. Foods. She received an Outstanding Corporate Director award from the National Association of Corporate Directors and Twin Cities Business. She chaired the Saint Paul Riverfront Corporation Board and Minnesota's governor appointed her to the Minnesota Board on Judicial Standards. She has served as chair of the Minnesota Opera, Voyageur Outward Bound School, Minnesota Women's Campaign Fund and Minneapolis Club. She's also served on the board of Madeline Island Chamber Music, now part of the MacPhail School of Music.

For more information, visit www. charitablefoundationoftheislands.org, email sancapcfi@gmail.com or call 322-3818.



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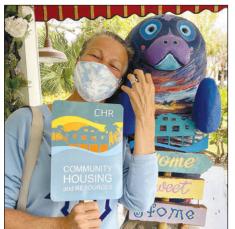
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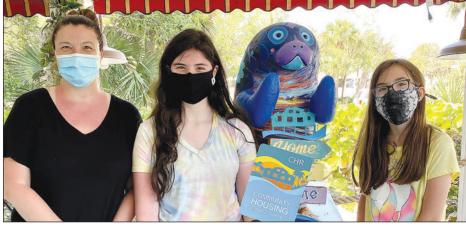
CHR Give Back Wednesday At Sanibel Sprout



From left, Alex Dango, Nikki Rood, Jordan Packard and Amber Bergeron photos provided

From left, Liz Podolsky, Melissa Rice and Sam Ankerson

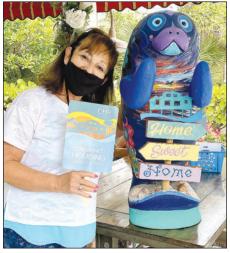




From left, Molly, Norah and Sydney Daugherty

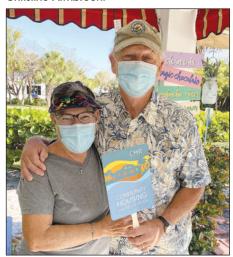


Christine Armbrecht

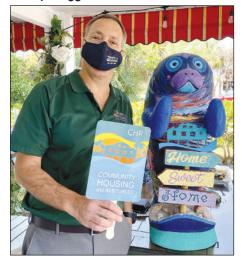








Linda and Greg Scherer



David Lowden



Alberto Gonzalez



Methel Gale



Mary Holden

Foundation Appoints New **Board Members**





Ryan Carter

Matthew Roepstorff

yan Carter of Scotlynn USA and attorney Matthew Roepstorff of AGrayRobinson, PA have been elected to two-year terms as members at large for the board of the Horizon Foundation. Carter and Roepstorff will serve to grow the foundation's stable of investors and build a stronger foundation for Lee County businesses and citizens.

'We were fortunate to have several outstanding nominees for our two open board seats and are excited to welcome Ryan and Matthew to the board," said Horizon Foundation Board President Dan

Carter is executive vice president and co-founder of Scotlynn USA Division Inc., a logistics and transportation company

that specializes in hauling refrigerated produce. The University of Kentucky graduate with a degree in economics was named 2020 Small Business Person of the Year in Florida by the U.S. Small Business Administration and 2019 Distinguished Entrepreneur of the Year for Southwest Florida by the Small Business Development Council at Florida Gulf Coast University.

"I am honored to be elected to the board of the Horizon Foundation," said Carter. "While this past year brought challenges and uncertainty, many have found ways to adapt, thrive and invest in a better future for Lee County.

Roepstorff serves as counsel and liaison between community development and redevelopment entities and local government to foster and facilitate economic growth. He focuses his practice in the areas of corporate law, litigation and government law. He also assists the boards of nonprofit organizations to assess risk management and overall corporate governance. He has handled a variety of matters that include business formation and development, merger and acquisition transactions, asset sale and purchases, large commercial leases, corporate governance and commercial litigation.

"My hope is to foster more investments that flow into the community in order to better our infrastructures such as roads, parks and schools, which translate into a higher quality of life for all," said Roepstorff.☆

Shell Point Certified As Great Place To Work

hell Point Retirement Community, one of Lee County's top 100 employers, has been certified as a Great Place to Work (GPTW) by the Great Place to Work Institute.

According to Karen Anderson, vice president of human resources and corporate compliance for Shell Point, the retirement community employs 1,145 people in a wide variety of positions including healthcare, administration, construction and trades, dining and hospitality, transportation, sales and marketing, resident life, housekeeping, landscaping and grounds, and maintenance.

The GPTW Institute conducted a survey of Shell Point's employees, evaluating more than 60 elements of their experience on the job. Findings from the survey revealed that employees feel a sense of pride in the organization's community impact, believe that their work makes a difference, and that their work has special meaning. Additionally, 80 percent of employees at Shell Point Retirement Community say it is a great place to work compared to 59 percent of employees at other typical U.S.-based companies. Not only did employees report job satisfaction, the survey revealed that the diverse workforce stayed with the company longer.

We were excited by the results of the survey," said Anderson. "Shell Point has a respected 53-year history in Lee

County of caring, serving and satisfying both our residents and employees. Happy employees equal happy residents because they interact so much throughout the day. Many employees feel that Shell Point's ministry is an extension of their own. They like the idea that what they are doing is more than just a job.

Shell Point, a nonprofit ministry of The Christian and Missionary Alliance, is the largest single-site continuing care retirement community in Florida and second largest in the country. For information about careers and current job openings, visit www.shellpoint.org/careers.

Great Place to Work is a global authority on high-trust, high-performance workplace cultures. Through its certification programs, Great Place to Work recognizes outstanding workplace cultures and produces the annual Fortune 100 Best Companies to Work For.☆

Drug Abuse Is On The Rise

Tarconon reminds families that drug abuse is on the rise in almost every community nationwide. Many families don't know where to turn or what to do about their loved one who is suffering from addiction.

To learn more about how to help your loved one, visit www.narconon-suncoast. org/blog/a-letter-to-any-family-dealingwith-addiction.html.

Narconon can help you take steps to overcome addiction in your family. Call 877-841-5509 for free screenings or referrals.☆

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Will Power

IRA Beneficiary Designations And Your Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

oo often, an overlooked yet important element of your estate plan is your 401(k) and IRA beneficiary designations. Financial planners deem these "matter of fact" designations while overlooking their legal and tax consequence, and many lawyers aren't skilled enough in the retirement arena's tax laws to raise issues clients should consider.

The current generation of retirees and soon-to-be retirees has a greater percentage of their net worth in IRA and 401(k) accounts than any previous generation. Hence, these accounts become that much more critical to the success of your estate

plan, and the wellbeing of your beneficiaries.

For married couples, naming a spouse seems easy enough, for example. In first marriages where the spouse is also the parent of the couple's children, it's not unusual to name that spouse as the primary beneficiary. Spouse rolls over the IRA, making her the new owner. She can designate whomever she wants as her beneficiaries, and in all likelihood, it will be the children of that marriage.

As I've pointed out in previous columns and white papers, when there's a blended family, the legal and tax issues aren't so clear, and should be carefully thought out. Naming a second spouse who is not the parent of your children as your primary beneficiary could result in disinheriting your children. For my thorough discussion on this topic, go to https://www.floridaestateplanning.com/blendedira.

Naming one's revocable trust as a primary beneficiary has become common. This is a minefield for the unwary. And, as I point out, unless your financial planner or estate planning lawyer is skilled in this very specific area of the law, he might lead you astray.

For a beneficiary of your revocable trust to be considered the beneficiary of your IRA for distribution purposes, the trust must meet five specific criteria known as the "identifiable beneficiary" rules. Failure to satisfy all five of those rules often results in the acceleration of taxable income over five years as opposed to 10 years for most beneficiaries, or what might be an even longer distribution period if that beneficiary is your spouse, 10 years or less younger than you, your minor child or disabled.

In other words, failing to satisfy the identifiable beneficiary rules results in the payment of more income taxes sooner, with less tax deferred growth than would

How's The Market? Ask Ann

Recently reported pending sales continue to reduce the existing inventory of homes, condos and lots for sale on Sanibel. For example, The Dunes Golf & Tennis Club normally has 10-15 homes for sale... this week 0 homes for sale. I want to resist sounding like a "Dutch Aunt," but



if you want to buy in this market, you've got to pull the trigger and make a written offer. Period. If you are not up to it and want to wait for a "bargain," market that is your option. On the other hand, if prices continue to rise, you may be making a big mistake.

22 Closed Sales Going Back One Week: 10 Homes, 7 Condos & 5 Lots

247 & 255 Robinwood Circle Vacant Land - \$265,000 458 Casa Y Bel Rd. - \$740,000 541 Periwinkle Way Captains Walk - \$286,000 312 Periwinkle Way 8 Casa Blanca - \$340,000 575 Sea Oats Dr. Vacant Land - \$380,000 1601 Middle Gulf Dr. F-108 Spanish Cay - \$425,000 2721 W. Gulf Dr. 104 Kings Crown - \$990,000 5821 Pine Tree Dr. Vacant Land - \$430,000

0 Island Inn Rd. Vacant Land - \$500,000 5749 San Cap Rd. Vacant Land - \$607,000

3040 W. Gulf Dr. - \$650,000 1753 Bunting Ln. - \$720,000 566 Boulder Dr. - \$725,000

640 Periwinkle Way - \$825,000

1683 Bunting Ln. - \$890,000

635 E. Gulf Dr. D101 Beachcomber - \$985,000

1158 Harbor Cottage Ct. - \$1,095,000 1259 Par View Dr. - \$1,125,000

1401 Middle Gulf Dr.T-405 Sundial East - \$1,193,000

757 Windlass Way - \$1,200,000

3145 W. Gulf Dr. 106 Seascape - \$2,550,000

1206 Bay Dr. - \$2,750,000

I hope you enjoyed a Blessed Easter and Passover with your Family

Call or email me with any questions. Stay safe & have a successful year!

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otherwise be available to your loved ones. I can best illustrate this by example:

John owns an IRA account naming his revocable living trust as the beneficiary. His revocable living trust names his wife Jane as the primary income beneficiary for her lifetime, then John's children as the remainder beneficiary after Jane's death. Because John's revocable trust has standard provisions about paying taxes, expenses of administration and creditors (which are also required by law), Jane does not qualify as an identifiable beneficiary, since IRA proceeds might be used to pay creditors, taxes or expenses of administration. Consequently, rather than a lifetime payout to Jane, the five-year payout rule applies.

Assume instead that John names the specific trust share inside of his IRA for Jane as the beneficiary to his IRA. The designation looks something like this:

The Marital Trust share for Jane under John's Revocable Trust dated January 3, 2021." Assume further that if Jane doesn't survive John, the marital trust divides into three different shares, one each for John's two children and another to charity.

John's beneficiary designation now avoids the trap mentioned above that the IRA proceeds can't be used to pay taxes, creditors or expenses of administration. He has designated Jane's trust share specifically (and let's further assume the language of the trust prohibits the payment of taxes, expenses and administration costs from IRA distributions).

Alas, even with all that good drafting, the five-year distribution rule still applies. Why? Because rule #3 requires that all designated beneficiaries must be eligible individuals. If Jane predeceases John, a charity will become a one-third beneficiary of the trust share established for Jane. A charity is not an individual. Whether or not Jane survives John is irrelevant. The five-year distribution rule applies.

How about a share that does qualify as identifiable, yet traps the income inside of the trust share? Assume that John names a trust share for his son, Gary. Gary has a 10-year payout under the SECURE Act distribution rules. Assume in the second year following John's death, Gary withdraws \$100,000 from his inherited IRA account, but doesn't distribute the full amount from the trust checking account into his own account.

Irrevocable trusts pay a higher marginal income tax rate than would an individual. Under current law, the trust is the taxpayer to the undistributed funds and pays a 37 percent marginal rate on taxable income accumulated over \$13,050. Gary, as a married filing jointly taxpayer, doesn't pay that marginal rate until he and his wife have over \$622,000 of taxable income.

Why might Gary accumulate rather than distribute the income? Assume Garv is trying to protect it from a judgment creditor. Gary might practice in a high-risk profession or be sued in a business deal gone bad. There might be any number of

I could go on and on with other examples, and I haven't interplayed the gift and estate tax laws yet, among other issues. This is a complex area of the law that will have real economic effect on your loved ones.

Hopefully, you now understand how significant IRA and 401(k) account beneficiary designations are to your estate plan. Don't be complacent with your choices. Have a well-qualified attorney in your corner and consider all options.

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From page 1B

Congressman

going to be that leader," she said. Donalds' team reiterated the importance of water quality on the economy and its willingness to understand the issue and make it a priority.

The tourism industry got hit the hardest in the last 12 months," said John Lai, chamber president and chief executive officer, referring to economic effects of the pandemic. "We feel like we're just turning the corner now. The biggest thing that can derail us right now would be a repeat of 2018's red tide and blue-green algae event."

"I'm proud of this organization," said

Chauncy Goss, governing board member of the South Florida Water Management District and an island resident, of the chamber. "A meeting like this wouldn't have taken place 15 years ago." The Sanibel & Captiva Islands

Chamber of Commerce is dedicated to promoting the prosperity of its members and preserving the quality of life of the community. With over 560 active chamber members from both islands including businesses from Lee and Collier counties, the chamber plays a key role in facilitating communication and cooperation between business, residents and government to enhance the economic health of the islands. For more information, visit www.sanibel-captiva. org.₩

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Chamber Holds Ribbon-Cutting For New Store

n March 24, the Sanibel & Captiva Islands Chamber of Commerce celebrated the November 18 opening of Coco y Cabana boutique at The Village Shops with an official ribbon-cutting ceremony. The shop and its complementary e-commerce site, www.cocoycabana. com, focus on couture women's fashions, but also carry men's clothing and home

The shop is the brainchild of fashion designer Paola Noguera, whose experience has included her own swimwear design business; a handbag and footwear design operation in Florence, Italy; designer for ALDO Canada; and manager of several stores.

'Taking all of that collective experience, I had learned so much, and I wanted to spread the love and encouragement to women to help them nurture their style," Noguera said.

When the pandemic presented the opportunity to work remotely from Sanibel, where her sister lives, things clicked. She was impressed by her market research, which showed long-surviving businesses serving a well-traveled demographic on the island.

'I fell in love with the people and culture," Noguera said. The inspiration for the boutique's name was two-fold.



Chamber representatives join Coco y Cabana owner Paolo Noguera, center, as she cuts the ribbon

photo provided

"Coco Chanel was the first powerhouse woman designer," said Noquera. "She broke out with designing and wearing pants, and broke the mold with the 'little black dress.' She was very inspiring to me.'

The "cabana" part reflects the island vibe, but also was inspired by the Cabana Café in the Beverly Hills Hotel with its pinks, greens and leafy patterns.

Noguera purchases 80 percent of her

clothing from women-owned vendors, she said. The designer plans to debut an exclusive Coco y Cabana line inspired by islanders. It's part of her mission to help women find their own style.

"It's making the connection," said the entrepreneur, who runs the entire operation on her own. "I hope that I've encouraged you in some way, that you feel nurtured and loved. I just want to help women and give back to the

community."

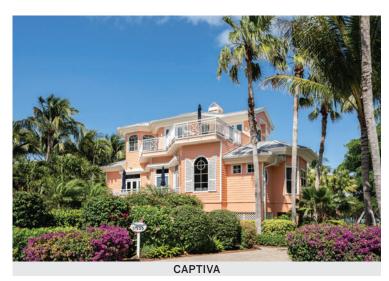
"We welcome such an exciting and vibrant enterprise to our islands," said John Lai, chamber president and chief executive office. "We know our partnership will be a win-win.'

"I trust my brand with the chamber," said Noguera. "I trust it will represent me the way I want to be represented. We are speaking the same language."以



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- 4 BR +den/ 4 bath home on Sanibel's East end, steps to the beach with private boat dock & 16k lift.
- Gorgeously remodeled, large porches, private pool & spa, top floor master with sundeck and Gulf views
- \$2,250,000 EURO 1,891,630

2. GULF VIEWS AT LOGGERHEAD CAY - SANIBEL

- Enjoy your 2 BR/2BA condo with vaulted ceilings, situated 1 back from the Gulf with incredible views from the corner lanai
- Pet friendly community offers large pool, tennis, shuffleboard, and weekly rentals-great for families & investors
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3. DIRECT ACCESS CANAL HOME WITH PRIVATE DOCK

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4. BAYFRONT HOME ON SANIBEL

- 5 bedrooms, each with an en-suite bathroom, powder bath, office, & boasts over 4,300sqft with private beach overlooking the Bay
- 2 story ceilings, chef's kitchen, fireplace, private elevator, Bayfront resort style pool w/ spa & summer kitchen

595,000 EURO 3,887,445

5. GULF VIEWS AT SHOREWOOD - SANIBEL

- 3 BR/2 BA updated condo with stunning Gulf views from large screen enclosed lanai
- Low density mid-island complex offering beach access, weekly rentals, covered parking, pool, & tennis
- \$1,595,000 EURO 1,348,996

6. 1 BACK FROM THE GULF AT SUNSET SOUTH - SANIBEL

- 2 BR/2BA bright and airy condo with stunning Gulf views and a glass enclosed lanai
- Private garage, washer/dryer in unit & offered furnished. Beach access and
- \$1,050,000 EURO 888,076













7. 4 BEDROOM HOME ON INTERSECTING CANAL - SANIBEL

- 4 BR/3 BA home with boatdock, lift, and private pool
- · Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views
- \$1,995,000 EURO 1,652,050

8. GULF VIEWS AT GULF BEACH - SANIBEL

- 2 BR/2 BA rarely available Gulf front corner unit on Sanibel's East End
- · Community offers: pool, beach access & deeded dock with canal access for kayak & paddle board launching
- \$879,000 EURO 798,325

9. VENTURA CAPTIVA

- 3 BD/3BA townhome style property with loft
- Enjoy gorgeous water views from your screen enclosed lanai over-looking the Bay
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Frankly Speaking



by Howard Prager

with baseball opening up and a remarkable NCAA Final Four for both women and men, sports is in full swing, and we had many records set or broken last weekend.

The NCAA tournament. The shot. That used to be a reference to Michael Jordan's last second shot to beat the Cavaliers in the NBA playoffs. It will now be forever linked to Gonzaga's freshman guard Jalen Sugg's shot in the final second of overtime against UCLA, when he banked in a remarkable, nearly half-court shot as time expired, winning the semifinal for Gonzaga and setting up the championship everyone expected against another No. 1 seed, Baylor. The Zags are here to play, and seek to be the first undefeated team to win the tournament since Indiana in 1976. Baylor crushed Houston by nearly 20 in their semi-final

This year has been remarkable with teams hot one game and ice cold the next. UCLA upset Michigan State to get into the tournament, then beat No. 6 BYU, No. 14 Abilene Christian, No. 2 Alabama and then No. 1 seed Michigan on its way to the Final Four, where they almost took

down tourney favorite Gonzaga. I picked the Illini to go all the way. They got ice cold against hot Loyola, who were frozen against Oregon State. Clearly some very good teams could flip the switch one game and couldn't find it the next. And as exciting as this all was, the championship featured two No. 1 seeds who were favored at the start of the tournament. It does seem like they truly belonged.

Baylor killed it in the first half of the championship game, as Gonzaga took a while to heat up. Baylor also crushed the offensive boards, getting many more shot opportunities and also knocking three-pointers down at greater than 50 percent. That was too much for the Zags, who were able to close it to 9 before the Bears moved back to a double digit lead. Did Gonzaga run out of gas after the adrenaline rush of the semifinal game? Did Baylor just have it all together for the championship? Probably yes to both. Congrats to the Baylor Bears on their first national championship and great playoff run.

The women's side was an all Pac-12 championship with Stanford and Arizona battling it out. Stanford won, and the 29-year gap between titles (1992 to 2021) is the longest of any Division I team in any NCAA sport, according to ESPN. They are the first team in either the men's and women's tournament to win their semi-final and championship game by just one point. It was a nail-biter as Arizona, who upset perennial favorite UConn, forced Stanford into 21 turnovers with great defense. With 36 seconds to go,

Arizona's defense smothered Stanford who couldn't get a shot off, so it was Arizona ball, 6.1 seconds, down by one. Stanford's defense came to life and triple-teamed the Wildcat's best player, Aari McDonald, who took an off-balance shot from 3-point territory that bounced off the rim. Stanford coach Tara VanDerVeer credited the PAC-12 TV contract with shining light on the conference and getting some better players. I give an assist to the record button, because many of those games are so late for the rest of the country. In December, VanDerveer, passed legendary Tennessee coach Pat Summitt as the winningest coach in NCAA Division I women's basketball. Summitt held the mark of 1,098 wins - at that time the most in women's and men's basketball - upon her retirement after the 2012 season. With the national championship victory, VanDerVeer has 2,025 wins and 255 losses (.888), one of the best women's programs in the country. They've been in the tournament every year since 1988 and, during that time, have been to 14 Final Fours.

Baseball is back and with records already being broken in the opening weekend. First, Yermin Mercedes, the 28-year old rookie DH and backup catcher for the White Sox, started off going 8 for 8 in his first two games, the first player to do so in the modern era (since 1900), according to Elias Sports Bureau. He played his way into the record books and the Sox lineup. Are the Sox so deep that an older rookie on the bench can look like a superstar? Wow. And yet their record for their opening series with the Angels was just 1-3, while the Twins are 2-1 after taking two out of three from Milwaukee. Boston is 0-3, their worst start in 78

years. Meanwhile, it took until Tuesday for the Washington Nationals to play their first game because of COVID-19. The Nats had four players test positive and seven more under quarantine due to contract tracing. They finally opened their season Tuesday against the Braves.

How long has it been since a pitcher hit in an AL lineup, especially in the two-slot? Since 1903. Los Angeles Angels pitcher/ batter Shohei Ohtani made history during Sunday night's game against the White Sox. Per MLB.com's Paul Casella, "Ohtani is the first player since 1903 to hit second in the lineup in the same game he's the starting pitcher. By using Ohtani in the lineup, Angels manager Joe Maddon also gave up his designated hitter for the game. While that seemed like a potentially risky move going into the series finale against the White Sox, Ohtani helped his own cause by turning on a first-pitch 97 mph fastball from Dylan Cease for a solo home run that traveled 451 feet in the bottom of the first. He also threw with gusto in the first, hitting 101mph on the radar gun. Truly a two-way star. He was taken out in the fifth inning after the Sox tied the game on errors during which Jose Abreu slid into him as he covered home plate. He appears to be OK, and the Angels came back to win the game.

The good news story of the week? The excitement in sports is back, baseball is here for a full season and the Master's is just around the corner.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

SHATTERPROOF RISEUP

On Saturday, April 17, 2021 at 9 a.m., an informal 5K walk will take place at Lakes Park in Fort Myers to raise funds and awareness for more than 20 million Americans with addiction. By coming together, we are breaking down the stigma those with addiction face and creating a path to a full and fulfilling life. Shatterproof is changing the conversation about addiction. They are advocating for policy change, educating our communities, transforming addiction treatment, and shattering stigma. Your support helps expand their efforts to support prevention, treatment and recovery of addiction.



On the morning of March 20, 2019, our lives changed forever. Our son, brother, grandson, nephew, cousin and friend, Matthew "Matt" Harris lost his struggle with addiction by taking something that was laced with Fentanyl. By honoring Matt's memory, we would like to take part in this fundraiser to help those still struggling with addiction. There are too many loved ones dying every day from the epidemic. If we can prevent others from this heart-wrenching loss, we will be most grateful.

Team Matt consists of Kathy, Rebecca and Paul Harris along with Rebecca's fiancé, Rick and family, and Matt's friends. Please consider donating or walking and "Rise Up Against Addiction." Together, we are stronger than addiction. Together, we are Shatterproof!

If you would like to donate, please copy and paste the link below in your browser or contact Kathy at goulet.harris@gmail.com.Thank you. https://fundraise.shatterproof.org/participant/4047

Shatterproof - US 501(c)(3) Nonprofit Organization Shatterproof is a national nonprofit dedicated to reversing the addiction crisis in the United States.

SPORTS QUIZ

- 1. Nicknamed "Mr. DeMarathon," what Olympic bronze medalist won the Boston Marathon seven times?
- 2. Which NFL defensive back finished his career with more interceptions: Rod Woodson or Charles Woodson?
- 3. Name the three members of the Los Angeles Dodgers who shared World Series MVP honors in 1981.
- 4. What World Golf Hall of Famer and South Korean native won the McDonald's LPGA Championship tournament in 1998, 2002 and 2006?
- 5. The annual award presented to the best female college ice hockey player in the U.S. is named after what Princeton University hockey standout?
- 6. Elmer Layden, NFL commissioner from 1941-46, played fullback for what college football team?
- 7. Jordan "Jet" Temkin, Paul "Nurk" Nurkkala and Alex Vanover are former champions in what sports league?

ANSWERS

7. Drone Racing League (DRL).

1. Clarence DeMar. 2. Rod Woodson, with 71 (Charles Woodson had 65). 3. Ron Cey, Pedro Guerrero and Steve Yeager. 4. Se-ri Pak. 5. Patty Kazmaier. 6. The Notre Dame Fighting Irish.

Spring Co-Ed Softball League Registration Open

pring 2021 Sanibel Adult Co-ed Softball League signups are under way. Games will be played at the Sanibel ball fields on Wednesday nights. The league will start on Wednesday, May 5. The deadline for teams to register is Wednesday, April 28. The fee is \$520 per team. There will be a mandatory coaches meeting on Thursday, April 29 at 6 p.m. at the Sanibel Recreation Center.

For more information, or if you are looking for a team, contact Char Durand at the Sanibel Recreation Center, 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, visit www.mysanibel.com.





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Health First

Weight Gain During Pandemic Is No Joke



by Julie Rosenberg, MD

During the COVID-19 pandemic, most adult Americans have been staying at home and many have experienced their workplaces being shut down.

Further, the pandemic has been a period of prolonged stress. As a society, we are now experiencing a secondary crisis related to the physical and mental health consequences of the pandemic.

In February 2021, the American Psychological Association conducted the Stress in America survey among 3,013 adults over age 18 who reside in the United States. The results of the survey were recently reported and among them, the survey showed that 42 percent of adults experienced undesired weight gain. They gained an average of 29 pounds and 10 percent of these individuals gained more than 50 pounds. Interestingly, this weight gain was experienced by all age groups.

I understand these challenges, as I've

personally struggled with an extra five to seven pounds since the pandemic started. It's been difficult for me to shed this extra weight as I am not as active as when I was commuting to work and traveling on a regular basis. How about you?

While national health efforts have focused on the immediate threats related to COVID-19, the long-term effects of pandemic related to weight gain and sedentary lifestyles may be severe. We have all deviated from our usual routines - and our pandemic-related weight gain could represent a new normal if we are not vigilant. Research on weight management during holidays or vacations has shown that significant weight and fat mass accumulation can occur over a relatively short period of time. These small, incremental changes in body weight can become permanent and lead to substantial weight gain over time.

The weight gain that most of us have experienced during the pandemic is no joke. We all know that overweight and obesity can lead to a significant number of health-related concerns including diabetes, heart disease and cancer, to name a few. Together, let's be proactive in addressing undesired weight gain. Here are four tips to shed a few pounds and keep them off:

1) When grocery shopping, choose primarily whole foods – During this time at home, many of us have stocked up on shelf stable, ultra-processed comfort foods such as potato chips, popcorn, cookies and ice-cream. Consider getting rid of food in boxes and choose whole foods

- fruits, vegetables and legumes. Eating a primarily plant-based, whole foods diet will help you shed undesired weight.

2) Eat plant-based or lean sources of protein – Rather than eating a ribeye steak or chicken wings, both of which contain a significant amount of saturated fat, consider eating plant-based proteins (such as tofu or tempeh) or lean sources of protein (fish, chicken breast, turkey, lean meats).

3) Choose healthy snacks - Many of us graze while we work, while others graze when they are stressed or bored. Grazing on foods that come in a box or a bag, such as pretzels, chips and crackers, can add undesired pounds over time. When we graze on these foods, before we know it, we've eaten the whole bag or box. One small bag of pretzels has about 140 calories while a single serving bag of potato chips has about 160 calories. Consider these delicious and healthier snacks: Greek yogurt and berries, apple slices with peanut butter, or celery with light cream cheese. Eating healthy, whole-food snacks can support weight loss as they curb hunger throughout the day, which limits our cravings for unhealthy foods.

4) Get moving – The pandemic has clearly exacerbated the epidemic of sedentary lifestyles. Gym closures, staying at home for prolonged periods of time and working from home have led to a change in routine and a decrease in structured exercise for most of us. So, if you've been sitting too much, schedule short periods of movement (10 to 15 minutes) several times throughout the day. Walk the dog, garden, go for a bike ride.

In conclusion, we all know that habit change is difficult. My goal in writing this article was to offer simple and straightforward ways to manage pandemic-related weight gain. Overall, if we can find good outlets for managing stress, such as yoga, meditation and movement, we are more likely to feel better and less likely to grab and graze.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

Youth Mental Health Crisis Event Inspires Donations

nmasking the Epidemic, a free virtual event by Kids' Minds Matter, educated the Southwest Florida community of the alarming pediatric mental health crisis faced by children and families today, while also providing the resources currently available in the region for those seeking help. The event, which featured personal stories from parents and child advocates, testimonials from local healthcare leaders and strategic plans for improving access to care in the region, inspired significant donations to expand pediatric mental health programs. As a result of the event, inspired individuals continue to make gifts, and Lee Health anticipates the event's impact will exceed \$1 million.

Since its founding in 2016 at Lee Health and Golisano Children's Hospital of Southwest Florida, Kids' Minds Matter has been dedicated to increasing awareness of the need for expanded pediatric mental and behavioral health care in the five-county region of Florida including Lee, Collier, Glades, Hendry and Charlotte counties The initiative has raised more than \$10 million to support its mission to increase access to care to ensure children receive the right care at the right place and right time.

the right place and right time.

"The generosity and interest of our community during Unmasking the Epidemic shows that real change is possible," said Chris Simoneau, chief foundation and development officer at Lee Health. "We are so grateful for this outpouring of support that will allow us to continue to grow our behavioral health services and dedicate ourselves to improving access to mental healthcare that is vital for our region's families."

Kids' Minds Matter founders

Scott Spiezle and Susan Goldy made appearances during the event. Calls for donations and advocacy were made by auctioneer Rick Gallo, and seven advocates were on hand to answer phone calls with donations or questions. Videos about their struggles were presented by Kole Yates, who was bullied in middle school; Damini Parkhi, who struggled with self-harm and was Baker Acted four times; Cynthia Kummer, a mother who saw her children's mental health declining during the social isolation of the COVID-19 pandemic and moved across the country to get them into in-person schools; and Ellie Belcastro, who became a mental health advocate after seeing her peers struggle.

Advocates and mental health professionals from Lee Health also presented information about the mental health crisis along with Kids' Minds Matter collaborators from the School District of Lee County, SalusCare Florida and David Lawrence Centers for Behavioral Health. A full list of participating organizations and their services is available at www. kidsmindsmatter.com/resources.

"We as a society have a responsibility to become more educated, to break the stigmas and to effect real change," said Dr. Larry Antonucci, president and CEO of Lee Health. "Over the past year, with the isolation imposed upon our children due to the global pandemic, this partnership on services is needed now more than ever."

The keynote speaker, Brad Hunstable, founder of Hayden's Corner, told the heartbreaking story of his son's tragic suicide in April 2020 four days before his 13th birthday. Hunstable is now an advocate for suicide education and fostering conversations with children to build resilience. Hunstable encouraged parents to talk to their children about whether they have thought about hurting

continued on page 22B



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Lee Health Officer Honored

than 30 years of experience in human resources, Lee Health's Chief Human Resources Officer Mike Wukitsch has been recognized as a Ring of Honor recipient by the Greater Miami Chamber of



Mike Wukitsch

Commerce for his service to the region.

The Ring of Honor "celebrates the achievements of our community's outstanding human resources professionals, and highlights individuals who have made a powerful impact to the human resources community and their respective workplace.'

Wukitsch is one of eight executives in the region to earn this honor. He received the award at the Greater Miami Chamber of Commerce's HR

Insights event on April 1. Wukitsch joined Lee Health in 2018 and, in his role as chief human resources officer, supports Lee

Health's mission, vision, values and strategic objectives by creating the most effective culture and environment for staff to do their best work in support of patients and their families. Wukitsch is responsible for strategic planning, operations, policies and procedures related to employment; human resources information systems; compensation and benefits; labor relations; talent and performance management; workforce planning; employee relations; the human resources service center; and staffing.

When I learned that Mike was a Ring of Honor recipient, it wasn't a surprise to me at all. Mike is committed to serving our employees, patients and community, and I am thrilled to see him recognized for his dedication to the human resources field," said Dr. Larry Antonucci, president and chief executive officer of Lee Health.

Prior to joining Lee Health, Wukitsch served as the vice president of human resources for Northwestern Medicine in Chicago. He was also the vice president of human resources for Cadence Health in Winfield, Illinois; the vice president of human resources at the Children's Hospital Colorado, in Aurora, Colorado; and the director of human resources at the Coors Brewing Company in Golden, Colorado.☆

Volunteers Sought For Global Warming Initiative

Tilliam Ulrich, a Cape Coral resident, recently devoted his life to educating others about the global climate crisis. He launched https://globalconscience.world to build a movement of people working together to advance awareness and understanding as well as to discover remedies that are essential to creating a healthier, greener environment for future generations.

'Today, we announce a groundbreaking alliance of concerned volunteers who will work together to raise awareness about global warming, Ulrich said. "We are the first generation to suffer the negative effects of this crisis, and we aim to do something about it. The biggest way each one of us can make an impact on global climate change is to speak up. That's why we created globalconscience. world. It will take a worldwide team of dedicated individuals to scratch the

Ulrich is seeking multiple volunteer brand ambassadors from every state in the United States and every country in the world to help drive his vision.
"This is really going to take a village," said Ulrich. "We'd like to have as many ambassadors from each state and country as possible."

Recently added to the team are Sumarie Jordaan, musician from Republic of South Africa; The Calendar Girls, dance group in Southwest Florida; Anna Pribil, musician from

Austria; Winnie Cheche, climate activist for Kenya East Africa; Max Muchado, student in Cape Coral; and Ruvimbo Muskwe, journalist in Zimbabwe. All share climate crisis concerns and a passion for change.

Ambassadors forglobalconscience. world are those that want to help brand and build an online presence while making the world a better place by taking the fight against global warming to the people of the world. This volunteer work can generate opportunities for anyone who wants to increase their influencer/social media presence, personal branding, public relations and marketing skills.

Globalconscience.world provides materials to all ambassadors and promotes them through their partner program. Those interested in helping to change the world are invited to share ideas and apply to become an ambassador by contacting globalconscience.world.

"I am consumed by this," Ulrich said. "There isn't a day goes by that I don't think about solutions to end this crisis." For more information or to join the movement, visit https://globalconscience.world.

SCA Annual Meeting Notice

he Sanibel Community Association (SCA) annual meeting will be held on Wednesday, April 28 at 8:30 a.m. The in-person meeting will be held at The Community House, located at 2173 Periwinkle Way. To attend online, call 472-2155.以

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Causes And Solutions For Dysphagia



by Suzy Cohen, RPh

ear Readers: Many seniors experience dysphagia, which is the term for people who have difficulty swallowing their food or pills. Initially it appears

as a frequent need to clear your throat, or a hoarse voice. It may be that you feel like coughing or choking while eating or talking, and sometimes there is regurgitation of food. Most people report fullness, pressure or a burning sensation in the chest (sternal) area while eating. Left untreated, it may lead to other complications like a more chronic cough, choking sensation, malnutrition or respiratory infection. In serious cases, food may be aspirated and result in pneumonia, which then requires hospitalization.

Most everyone has experienced the sensation of dysphagia at one time or another. It can happen by simply eating too large a bite, or not chewing enough. A swallowing issue may be felt if you have a dry mouth, or if you swallow while lying down or even laughing or talking. To resolve simple cases of dysphagia, you should eat smaller meals that include softer food, and chew well. Eliminating caffeine, tobacco and alcohol helps too.

But if the swallowing difficulty is more chronic and serious, dysphagia treatment is required. Treatments vary for each individual and hinges on many factors such as age, severity and underlying conditions.

Sometimes people develop dysphagia rather suddenly. When I worked in the nursing home setting, we saw this frequently occur with new admissions who were started on medications that induced the dysphagia.

Their loved ones didn't realize what was happening either, but in some cases, a new medication can give a loved one dysphagia. Sometimes it's related to a drug side effect, and oftentimes the medication can be switched to something else that does not induce dysphagia. I have a much longer version of this article available with lengthy lists of medications that induce dysphagia. To receive this, sign up for my free newsletter at www.suzycohen.com and I'll email it to you. In the meantime, here are the most common medications that induce dysphagia:

Sedatives – for example, alprazolam

Analgesics for pain - codeine, fentanyl, oxycodone

Muscle Relaxers - cyclobenzaprine or tizanidine

Neuroleptics - haloperidol, lithium, olanzapine, quetiapine and others

Bone-building drugs – alendronate and others

Many antibiotics - doxycycline, clindamycin and others

NSAIDS - ibuprofen, naproxen and others

Aspirin

Asthma medications Immunosupressants

Antidepressants

One other reason people have dysphagia is that they're forced to swallow big pills and then they vomit them back up. And if that happens, the person now has caustic stomach acid refluxing into the delicate esophageal tissue. The use of acid blockers like famotidine and demulcents (slippery elm or marshmallow) can bring immediate relief, and may prevent your loved one from having a tube inserted unnecessarily because it looks like they've suddenly developed dysphagia. In my field, we have a saying, "History, history, history!" If someone takes a good history and finds out exactly when the dysphagia started, you might be able to see the cause. Once that is pin-pointed, the proper treatment can

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . SuzyCohen.com.☆

Beautifulife:

Mental Health



by Kay Casperson

Tust recently, my 17-year-old daughter asked if she could take a mental health day off of school. I said, of course, you can, but I also wondered if everything was okay. She said that she was a

bit burned out and needed a day to chill out and take a break. It made me realize how much everyone has been through this past year. From young to old, we all have suffered somehow in different ways. Fear can cause panic, and isolation can cause anxiety. Many individuals had their share of all of the above. Regardless of your age, mental health should be a priority.

Our mental health revolves around our thoughts and emotions. Having a healthy mind can affect how we think, feel, deal with stress, socialize and make good choices. So, as you can see, having good mental health is as essential as taking care of your physical health.

You will know that your mental health is in a good place by the following signs:

You have energy in the mornings to enjoy the day;

You have confidence in your ability to handle issues;

You have good self-esteem and feel comfortable in most situations;

You continue to set goals for yourself; You have a sense of optimism for your life and future;

You surround yourself with individuals who are inspiring;

You allow yourself to laugh at times and enjoy your life.

There are some essential ways that you can keep yourself at the top of your game with a positive mindset for ultimate emotional wellbeing:

Wake up in the morning with a grateful heart and give thanks for your

Enjoy a cup of coffee or tea while listening to music or reading something inspirational:

Do something active to boost your energy level and feel a sense of achievement;

Make a list of things you want to accomplish and set some goals;

Reach out to someone you care about to stay connected;

Get creative with a new recipe, home project or activity;

Make plans for a future outing or vacation to remain optimistic.

There are many more things to list that are important for overall mental health and wellbeing, but this is a good start. I also believe it is essential to consult with your doctor and a naturopathic physician to get the best balance of science and nature for your

One of my favorite quotes is, "What lies before us and what lies behind us are small matters compared to what lies within us. And, when you bring what is within out into the world, miracles happen." - Henry David Thoreau

My affirmation for you this week is: "I am making my mental health a priority to live my best and most beautiful life.

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.☆

From page 20B

Youth Crisis

themselves and how to handle those feelings, noting that resilience can be taught and practiced. He shared a story about a father who talked to his daughter about suicide after hearing Hunstable speak. A month later, the father told Hunstable that his daughter had still tried to kill herself, but after taking pills, came and told her father what she had done. She received treatment and survived. which the father attributed to the earlier conversation.

"My son's a hero," Hunstable said, wiping away tears. "His life matters,

An estimated 46,000 Southwest Florida children are impacted by mental and behavioral health disorders including anxiety, depression, eating disorders, psychosis, substance abuse, autism and attention deficit hyperactivity disorder, all conditions that have been exacerbated by the isolation and uncertainty of the pandemic. In 2017, Golisano Children's Hospital had more than 6,900 pediatric mental health visits. In 2020, those visits surpassed 16,000. However, the need continues to grow.

Dr. Paul Simeone, vice president and medical director of behavioral health at Lee Health, outlined what is next for addressing the crisis, emphasizing continued need for community philanthropic support to implement a five-year plan:

Improving access to care with more providers, developing an intensive outpatient program for high-risk youth and autism testing and adding more mental health navigators in schools.

Building capacity in the region by partnering with Florida Gulf Coast University and Florida State University to develop the mental health workforce.

Expanding community engagement and partnership by sponsoring regional events, programs and educations.

Support for the event included presenting sponsors Dr. Rick and Ellie Klein of Bonita Springs. Additional sponsors included Audi Fort Myers and Audi Naples, LeeSar, FineMark National Bank & Trust, Stock Development, Susan Goldy and Scott Spiezle, George and Jill Hamilton, Gillian Draper and Jill Kushner.

To learn more, get resources for help, donate or become an advocate, visit www.kidsmindsmatter.com.☆



Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to **NOT** use these rat poisons:

brodifacoum

SCCF bromailone 472-2329

difenacoum

difethialone

sccf.org

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



The Skinny On Fat





by Ross Hauser, MD and Marion Hauser, MS, RD

ver since the "low fat" craze, people got fatter. Why? Many people did not realize the food industry substituted sugar for fat or vegetable fat for saturated ("bad") fat keeping the calorie content the same. Did the public not realize you could get fat on too much sugar too? With more fat-free products than ever, Americans got fatter, which has contributed to an epidemic of obesity. It is best to just eat real, fresh food. A dessert made from organic highquality ingredients is fine to consume in moderation.

Good oils are used to provide healthy fatty acids and antioxidants. They are needed to help satisfy hunger and will stabilize blood sugars, as well as supply essential fatty acids needed for skin, hair, nails and hormone function.

The Skinny on Fat:

Coconut Oil – Coconut oil has been a subject of controversy in the past years. Although this oil contains a high percentage of saturated fats, it is actually a good choice because the fats in coconut oil are in the form of medium-chain fatty acids, which are known to increase metabolism and are digested and absorbed better than other fats. They may reduce risk of heart disease and cancer. Use organic unprocessed coconut oil. Try making a stir fry or coconut milk curry sauce with coconut oil. Rub some in your hair while you are at it for deep conditioning.

Olive Oil - Good olive oil is so delicious. We recommend extra virgin, cold pressed olive oil. We especially love EVOO from Greece or Italy. It makes great salad dressings, sauces

2242 Periwinkle Way, Sanibel

and can be used in cooking. High in mono-unsaturated fatty acids, olive oil has been shown to improve cardiovascular health. Extra virgin means that it is directly pressed from the olives, which means it has not gone through any harsh processing and will contain the highest level of antioxidants and flavor.

Avocados - Although avocadoes are technically fruit, they are counted as a fat. Avocados are loaded with nutrients and are great on a sandwich or toast, as a topper to a salad, or to make a mean guacamole, smoothie, or avocado chocolate mousse. Avocados are super foods and one of the healthiest ways to add "brain food" to your diet.

Butter - Butter can also be used for cooking and is much healthier than margarines, which contain chemicals and hydrogenated trans fats. Margarine converts liquid oils to solids. This process involves changing the chemical structure of the oil, thereby rendering it a "bad fat." Avoid all margarines or imitation butters. Again, buy organic, natural butter. Margarine is one molecule away from plastic. You do not want that in your body!

Other Fats – Organic nut butters and nuts are healthy fats that provide good sources of iron, protein, minerals and essential fatty acids. Hummus has really become popular and is a great source of good fats. Try one of the interesting flavors now available – our favorite is caramelized onion and balsamic. We like grapeseed oil for cooking at high temperatures, especially for stir-frying and sauteing. It contains more polyunsaturated fat than monounsaturated oils, therefore, use small amounts. Other oils such as walnut and sesame can add delicious flavors to various cuisines you make so we like to keep those on hand as well.

So, the skinny on fat is that good fat choices provide essential fatty acids and nutrients needed to optimize many body functions. Dump the junk. Choose your fat wisely.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: How can I know when someone I care for is depressed?

A: Depression can stem from a variety of factors: a pre-genetic disposition, a traumatic

experience, a loss. This pandemic has caused people to experience depression, physical and mental illness, and addiction to name a few. These factors can go unaddressed and even unnoticed as often people hide behind their depression as it doesn't look like a physical condition such as a broken arm. Yet depression is important to treat before it spirals down. Depression is often suffered in silence.

With regard to your friend, ask how he/she is feeling and that you are there

There is help, and suffering in silence is only detrimental. It does not have to be that way. Look for signs of withdrawal or changes in behavior. Suggest professional help and reassure this person that he/she does not have to endure this alone.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health

therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@ gmail.com or visit www. drconstanceclancy.com.☆

Short-Term Detox Versus Inpatient Treament

n addict or alcoholic will be quick to jump into a short-term Adetox program to try and solve their addiction problem in three to seven days. Short-term medical detox programs will get you through the physical withdrawal as comfortably as possible, but that's all. Patients are never forced to face reality or deal with the reason they are using in the first place.

With space and a clean and sober mind, an addict or alcoholic can realize things they never had with the use of drugs and alcohol. With time, this will happen in an inpatient treatment center. Then, they can successfully deal with what they need to deal with and have a successful recovery.

For more information on the difference between detox and inpatient treatment, visit www.narconon-suncoast. org/blog/detox-is-not-treatment.html. Call 877-841-5509 for a no cost screening or referral. 公

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PHYSICAL THERAPY - MASSAGE - PILATES

PUZZLES

Answers on page 31B

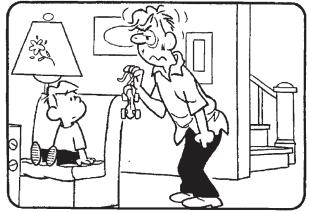


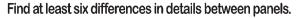
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Sanibel Police,	472-3111
Lee County Sheriff's Office	
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control1-800 Chamber of Commerce1-800	
City Council	472-4135
City Building Department	472-4555
City Manager	
City Planning & Code Enforcement Department City Public Works	
Library, Sanibel	472-2483
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Post Office, Sanibel	472-1573
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Sanibel Community House	
Center 4 Life, Senior Center	
ARTS	000 4400
Arcade TheaterArt League Of Fort Myers	
BIG ARTS	
Broadway Palm Dinner Theatre	278-4422
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Gulf Coast Symphony	
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Lee County Alliance for the Arts	597-1111
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Sanibel-Captiva Art League sand	capart.org
Southwest Florida Symphony	418-0996
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ABWAhttp://abwasanibelo	antiva ord
American Legion Post 123	472-9979
Angel Flight SE	N-ANGEL
Audubon of SWFL https://www.audubo	nswfl.org/
Audubon SocietyBailey-Matthews National Shell Museum	
CHR Community Housing & Resources	205-2222
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"It's made especially for vacation wear... it attracts men and repels

SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! Cover RELAY Warning RINSE **PARTS** Furnish REACT **TODAY'S WORD**

BY HENRY BOLTINOFF







6. Frame is thinner. Differences: 1. Lamp is different. 2. TV dial is missing. 3. Stairs are moved. 4. Pants are different. 5. Skate wheel is missing. 8. Frame is thinger.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

	3		6					5
8				3		2		
		4			2		9	
	2				7			8
		7	3			6		
4				9			1	
		8		1				4
	9		5				3	
7					6	1		

PETS OF THE WEEK



Zerlina ID# A856258

photos provided

Lee County Domestic Animal Services

Zerlina And Kitty Cat

ello, my name is Zerlina. I'm a 2-year-old female fawn terrier mix. The meaning of my name is "beautiful dawn." I'm a petite girl who may be small, but I will win your heart in seconds. The staff picked my name not only because I am, of course, beautiful, but also because I'm on the dawn of a new and beautiful life. I was quite sad when I came to LCDAS because I recently had pups that I missed dearly, but, with love and care, I am quickly living up to my hand-picked name. My adoption fee is



Kitty Cat ID# A855240

Hi, my name is Kitty Cat. I'm a 15-year-old female white domestic shorthair. I'm LCDAS' Super Senior, and I'm looking for a home in which to spend my golden years. I have lost my hearing, but not my ability to love. I'm truly a wonderful lap cat that is looking for the perfect person to give me the care and attention I long for and deserve. My adoption fee is $$2\overline{5}$.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.🕸

FEMA Updates Flood Insurance Rating Method

TEMA is updating the National
Tood Insurance Program's pricing methodology to communicate flood risk more clearly, so policyholders can make more informed decisions on the purchase of adequate insurance and on mitigation actions to protect against the perils of flooding.

The 21st century rating system, Risk Rating 2.0 – Equity in Action, provides actuarially sound rates that are equitable and easy to understand. It transforms a pricing methodology that has not been updated in 50 years by leveraging improved technology and FEMA's enhanced understanding of flood risk.

The new pricing methodology is the right thing to do. It mitigates risk, delivers equitable rates and advances the agency's goal to reduce suffering after flooding disasters," said David Maurstad, senior executive of FEMA's National Flood Insurance Program. The National Flood Insurance Program provides about \$1.3 trillion in coverage for more than five million policyholders in 22,500 communities across the nation. Understanding the magnitude of even the smallest changes of a program of this scale, FEMA devoted thousands of hours to develop the new pricing methodology to ensure equity and accuracy.

In developing the new rates, FEMA coordinated with subject matter experts from the U.S. Army Corps of Engineers, U.S. Geological Survey and the National Oceanic and Atmospheric Administration along with experts from across the insurance and actuarial industries to ensure alignment with federal regulations, systems, guidance and policies.

The new methodology allows FEMA to equitably distribute premiums across all policyholders based on the value of their home and the unique flood risk of their property. Currently, many policyholders with lower-value homes are paying more than they should, and policyholders with higher-value homes are paying less than they should.

To provide more equity, FEMA now has the capability and tools to address rating disparities by incorporating more flood risk variables. These include flood frequency, multiple flood type - river overflow, storm surge, coastal erosion and heavy rainfall distance to a water source, and property characteristics such as elevation and the cost to rebuild.

The cost to rebuild is key to an equitable distribution of premiums across all policyholders because it is based on the value of their home and the unique flood risk of their property. This has been an industry standard for years.

FEMA is conscious of the far-reaching economic impacts COVID-19 has had on the nation and existing policyholders and is taking a phased approach to rolling out the new rates.

In Phase I: New policies beginning October 1 will be subject to the new rating methodology. Also beginning October 1, existing policyholders eligible for renewal will be given the option to take advantage of immediate decreases in their premiums.

In Phase II: All policies renewing on or after April 1, 2022 will be subject to the new rating methodology.

FEMA continues to engage with Congress, its industry partners and state, local, tribal and territorial agencies to ensure clear understanding of these changes.

For the latest information on Risk Rating 2.0, visit www.fema.gov.☆

My Stars ★★★★

FOR WEEK OF APRIL 5, 2021 Aries (March 21 to April 19) Regarding your upcoming challenges, the Aries Lamb should very quickly size things up and

allow you to make the best possible use of whatever resources you have on hand. Good luck.

Taurus (April 20 to May 20) You rarely blame others for missteps that worked against you. But this time you need to lay out all the facts and insist that everyone acknowledge his or her share of the mistakes. Then start again.

Gemini (May 21 to June 20) You might want to start making vacation plans. And don't be surprised by unexpected family demands. Maintain control. Be open to suggestions, but don't get bogged down by them.

Cancer (June 21 to July 22) Work with both your Moon Child and Crab aspects this week to keep both your creative and your practical sides balanced. Your intuition sharpens, giving you greater insight by the middle of the week.

Leo (July 23 to August 22) The Big Cat finally should have all the information needed to move on with a project. If not, maybe you'll want to give everything a new and more thorough check before trying to move on.

Virgo (August 23 to September 22) Too much emotional pain caused by someone you can't win over as a friend? Then stop trying to do so. You have other things you need to work on this week. Go to it, and good luck.

Libra (September 23 to October 22) It's a good time to reassess where and how your strengths can help you build, and where your weaknesses can hinder you. Remember to build on your strongest foundation

Scorpio (October 23 to November 21) That personal matter that seemed so hard to deal with should be less confusing now. Don't rush. Let things happen easily, without the risk of creating even more puzzlement.

Sagittarius (November 22 to December 21) Change continues to be a strong factor in many important areas. Keep on top of them, and you won't have to worry about losing control. A personal situation takes on a new look.

Capricorn (December 22 to January A business offer sounds intriguing. But if you don't check it out thoroughly, you could have problems. Take a set of questions with you when you attend your

Aquarius (January 20 to February 18) Your self-confidence should be coming back. That's good news. But it might be

a bit over the top right now, so best to let it settle down before you start making expensive decisions.

Pisces (February 19 to March 20) Your life, your decisions. Good enough. But be sure you have all the facts you need to put into the decision-maker mixing bowl and hope it will come out as it should.

Born This Week: You find much of your creativity with new people who give you much to think about.

MOMENTS IN TIME

- On April 12, 1861, the bloodiest four years in American history begin when Confederate shore batteries under Gen. PGT Beauregard open fire on Unionheld Fort Sumter in South Carolina's Charleston Bay. Four years later, the Confederacy was defeated at a cost of 620,000 Union and Confederate soldiers
- On April 15, 1912, the British ocean liner Titanic sinks into the North Atlantic Ocean about 400 miles south of Newfoundland, Canada, two hours after hitting an iceberg. With 16 watertight compartments, the Titanic was considered unsinkable.
- On April 16, 1947, multimillionaire Bernard Baruch coins the term "Cold War" to describe relations between the U.S. and the Soviet Union, a war

without fighting or bloodshed, but a battle nonetheless. The phrase became a mainstay in the language of American diplomacy.

- On April 17, 1964, the Ford Mustang is officially unveiled at the World's Fair in New York. Named for a World War II fighter plane, the Mustang was the first "pony car," an affordable, compact sporty vehicle.
- On April 14, 1975, the U.S. airlift of Vietnamese orphans ends after 2,600 children are transported to America for adoption. Operation Baby Lift lasted 10 days and was carried out during the final, desperate phase of the war, only 16 days before the fall of Saigon.
- On April 18, 1989, thousands of Chinese students continue to take to the streets in Beijing to protest government policies and issue a call for greater democracy, resulting in the Tiananmen Square Massacre and thousands of protestors dead. Fear that a severe U.S. reaction to the massacre might result in a diplomatic rupture limited the official U.S.
- On April 13, 1997, Tiger Woods wins the prestigious Masters Tournament in Augusta, Georgia, by a record 12 strokes. It was Woods' first victory in one of golf's four major championships. He

continued on page 30B

88

93

108

116

122

126

103 104 105

PUZZLES

97

125

129

115

114

121

Super Crossword **POWER USERS** 97 Eternally, ACROSS 56 Syringe **DOWN** 35 "How ---75 Restaurant 1 It may follow fluid poetically 1 Steel girder you?" rendezvous 36 "My Way" "Co." 57 "Touched" 98 Make 2 Measurable 78 Crank's cry actor Beatty 4 Give a hug lyricist Paul 80 2001 title role thrilled in microns 11 Fave buds 58 Suffix with 100 Be really 3 Cow carrier 38 Wee devils for Audrey successful 39 Prior to, to a 15 Location Midwest on rails Tautou 103 — de corps 4 With 82 Guide for a 19 Sheep sound 59 Like dweebs bard 106 Spanish wife 40 Pack animal **20** Flan topping 60 Sleep lab 24-Down. DIVer 21 Smell - (be study 107 Ozeki's sport organic 41 Material 83 Nobel winner 108 Tiny garden suspicious) 63 Ocean route cotton garb, carried away Sadat **22** — -pedi **65** Expectation pest maybe in a deluge 85 Sauna 23 Groups with 111 Mothers 5 Drone, e.g. 42 End-of-list alternative 66 Airport uniform inits. 114 Witty writer queens and 6 Dudes abbr 86 Remarkable 46 Soda insert 69 Peddle stuff 7 Demand workers **Bombeck** events 87 Lawn locale 25 Talk wildly on the street 116 Showoff's from a 48 Bar furniture 26 Lickety-split **73** The, in kidnapper 49 Flee to marry **89** Kit — bar crv 27 — IRA 117 Spanish 8 Gallic friend 90 Graceful bird Cannes 50 Monica of the 28 Ending for 74 Apple product 9 Fair grade court 91 Slangy coin 76 View lustfully 118 Basis of this 52 Sine — non refusal 10 Golfer Ernie host **92** From — B 29 Nitric acid. 77 Really clean puzzle's 11 Brand of root 54 Perceives old-style 79 Whole bunch theme heer 55 Purchaser 99 Unmoving 122 Part of QED 12 German wife 31 Knife incision 81 Patriotic 57 Unaided 100 Drone, e.g. 33 Best Actor ladies' gp 123 Deli dish **13** — bean vision, with 101 Most docile 82 "I told ya!" (risotto bit) awards, e.g. **124** Ouzo "the" 102 Litigant 37 Blood vessel 84 Hoarse flavorer **14** Tennis great 61 Nita of silent **103** — Park, Colorado 38 Dairy Queen 88 Rival of 125 Walk- -Edberg films Evander "The 15 Mobile device (small parts) 62 Lamb's 104 Fire initiator treat 126 — terrier 41 Freshen up Real Deal" worn on the mom 105 March 14, to 43 Apple product Holyfield (dog breed) wrist 63 Stage array math lovers 91 Petroleum 127 Wallet bills 16 Adhesive in 64 Curved bit 106 Stores safely 44 Tax-taking distillate used 128 Items in the an art class 66 Unassertive 109 Pack animal org. 17 Broadcasting 45 Razor-billed classifieds 110 Gulf nation as fuel Gvra 93 "Death Be 129 Word that seabird 18 Buzzed (jazz group) 112 Location 68 Hank of 46 Made a lap Not Proud" 24 See 4-Down 113 Storage site can follow 47 Xenon and poet the starts of 29 "How baseball **115** Org.'s kin 94 Pro vote 70 Speechify 118 Logger's tool neon nine answers you?" 30 Salem's state **51** Some 95 URL letters in this puzzle **71** — a soul 119 Spanish "a" nameplates 96 Ocean to make the 32 Victory (nobody) 120 Dowel, e.g. 53 Certain east of N. 34 Suffix with 72 Excess names of 121 Figs. on a recyclable Car 118-Across land or moon amount masthead 21 19 20 22 25 23 27 28 33 35 31 34 32 39 41 42 38 43 44 49 50 45 46 48 51 53 52 54 55 56 58 59 60 62 63 65 68 69 73 74 76 79 81 84

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109 110

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King Crossword **ACROSS** 1 Tub session 5 Petrol 8 Microwaves 12 .lai — 13 Dadaist artist 14 Vicinity 22 23 15 Home to the Buccaneers 28 17 Fish feature 18 Evening hrs. 30 19 Whirl 21 Jazz genre 24 Crossword 36 hint 25 Former mates 38 39 40 26 Turauoise-like 43 46 45 color 30 Mimic 49 48 31 Rib 52 53 32 Ltr. holder 33 Pentagon 29 Always **VIPs** 51 Office plant Croatia 35 Broad 52 Reuben bread 9 Operatic solo 31 Helen's home 53 Grate 36 The Eternal 10 Hide 34 Impudent City 11 Auction 35 Orville's 37 Golfer's wear DOWN 16 Sound booster brother 38 Calms 1 Cudael 20 Year-end cel-37 Moving day 2 Pie - mode ebration rental 41 Actor 38 Starting Holbrook 3 Highland hat 21 Tempo 22 Big fair, for 39 Olympic sled 42 Canal zone 4 Zoo heavyweights 40 Lusty look 43 Dorm room short 23 Pager sound 5 Yaks 41 Employ sleepers 48 Curved mold-6 Coach 24 Stop 44 Path

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7 Small tele-

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8 Capital of

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Habanero

Cavenne

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50 Pakistani lan-

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union 27 Floral rings

28 Nullify

45 Epoch

46 License to

Tabasco

Melagueta

Red

drill?

47 Dine

MAGIC MAZE ● — PEPPERS BYVSONKHEBYWTRO LCHAJGEBYWURPNK IGOSTUFFEDDBZXV SQTNAEGRESOCMKI GECAEYUEAWUHSQ NLJHFPEGNDNEERG CAYXK(HABANERO) USQPNCMLNLERKL HFEOCSABATEYC ZYXVUTRLBJOMAHP OMLKILLEBHGEDCC Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: Also Known as Sweet Peppers Banana Chili Hot Sergeant Black Cone Jalapeño Stuffed

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SATURDAY Scattered T-storms High: 78 Low: 70



SUNDAY Mostly Cloudy High: 73 Low: 62



MONDAY Sunny High: 74 Low: 64



TUESDAY Sunny High: 76 Low: 65



WEDNESDAY Partly Cloudy High: 81 Low: 72



THURSDAY Mostly Cloudy High: 82 Low: 71

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:14 am	6:30 am	1:19 pm	6:42 pm
Sat	1:02 am	6:54 am	1:28 pm	7:18 pm
Sun	1:45 am	7:14 am	1:37 pm	7:51 pm
Mon	2:26 am	7:31 am	1:48 pm	8:24 pm
Tue	3:06 am	7:46 am	2:03 pm	8:58 pm
Wed	3:47 am	8:01 am	2:22 pm	9:35 pm
Thu	4:33 am	8:15 am	2:47 pm	10:16 pm

Point Ybel Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	12:24 pm	6:32 am	None	6:44 pm
Sat	12:07 am	6:56 am	12:33 pm	7:20 pm
Sun	12:50 am	7:16 am	12:42 pm	7:53 pm
Mon	1:31 am	7:33 am	12:53 pm	8:26 pm
Tue	2:11 am	7:48 am	1:08 pm	9:00 pm
Wed	2:52 am	8:03 am	1:27 pm	9:37 pm
Thu	3:38 am	8:17 am	1:52 pm	10:18 pm

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:08 am	6:35 am	1:00 pm	6:49 pm
Sat	12:45 am	7:09 am	1:18 pm	7:27 pm
Sun	1:19 am	7:39 am	1:36 pm	8:04 pm
Mon	1:52 am	8:07 am	1:51 pm	8:39 pm
Tue	2:27 am	8:29 am	2:00 pm	9:14 pm
Wed	3:05 am	8:45 am	2:05 pm	9:49 pm
Thu	3:50 am	8:54 am	2:22 pm	10:25 pm

Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	2:24 am	9:46 am	3:29 pm	9:58 pm
Sat	3:12 am	10:10 am	3:38 pm	10:34 pm
Sun	3:55 am	10:30 am	3:47 pm	11:07 pm
Mon	4:36 am	10:47 am	3:58 pm	11:40 pm
Tue	5:16 am	11:02 am	4:13 pm	None
Wed	5:57 am	12:14 am	4:32 pm	11:17 am
Thu	6:43 am	12:51 am	4:57 pm	11:31 am

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From page 25B

Moments In Time

was 21 years old.

NOW HERE'S A TIP

- Do you store plastic wrap in the refrigerator? Many home experts will tell you that storing plastic wrap in your fridge or freezer can help with the stickiness factor - the plastic is easier to manipulate and get into place when cold, but still stays put. Try it and see.
- Keep soap scum at bay on your glass shower doors with a layer of car wax. But do NOT let the wax get on your shower floors. That could be unsafe.
- Want delicious fried chicken crust but not the dripping oil? Baste chicken pieces with mayonnaise, then dredge in crushed cracker crumbs mixed with a bit of flour. Bake and enjoy
- From LDW in Illinois: "When I have a recipe, I put all the ingredients on the counter, and as I use each one, I put it

away. My daughter and daughter-in-law like the idea, as they at one time or another, have forgotten an item." I like that one, too, LDW A well-prepared cook makes a delicious meal.

- Laundry soap liquids, powder and pacs – should be added to the water before clothing. This allows the soap to disperse correctly throughout the water and also can avoid "grease spotting" that sometimes occurs when detergents land on dry fabric.
- "Many people have freezers in a garage or storage space that is not temperature or moisture controlled. To keep rust at bay, how about waxing the outside of your standing freezer periodically. Hey, it works for the car!" – GC in North Carolina

STRANGE BUT TRUE

- Johnny Cash's estate was approached by an advertising company asking for permission to use "Ring of Fire" in an ad for hemorrhoid cream. The request was refused.
 - Tulips can continue to grow as much

as an inch per day after being cut.

- A man with severe OCD and a phobia about germs attempted to commit suicide with a gun to his head. Instead of killing him, the bullet eliminated his mental illness without any other damage.
- Nobody knows how the Academy Awards came to be referred to as "the Oscars." The earliest mention was in 1932 and became official in 1939.
- In 1911, Elmer McCurdy robbed a passenger train he thought contained thousands of dollars, and was shot by lawmen after making off with just \$46. His unclaimed corpse was then embalmed and sold to a traveling carnival. It would be used as a prop or attraction in haunted houses and wax museums for the next 66 years (even showing up on the set of *The Six* Million Dollar Man), until he was finally buried at the famous Boot Hill cemetery in Dodge City, Kansas.
- Vanilla flavoring is sometimes made with beaver urine.
- A statue of Nikola Tesla in Silicon Valley radiates free Wi-Fi. It was created

as an homage to his vision for wireless communication.

- By the time they have been retired for two years, 78 percent of former NFL players have gone bankrupt or are under financial stress because of joblessness or
- A company in the UK offers "being hungover" as a valid reason for calling in sick to work.

THOUGHT FOR THE DAY

"The beautiful thing about life is that we will never reach an age where there is nothing left to learn, see or be; it's magical, really." - Dulce Ruby

TRIVIA TEST

- 1. **Science**: Where is the world's most active volcano located?
- 2. Television: Which 1990s TV drama invented the catchphrase "The truth is out there"?
- 3. **Math**: What is the total of numbers 1-100 added consecutively (1+2+3,etc.)?

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4/9 ★ TFN

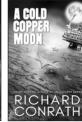
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4/9 🌣 4/30

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- 4. **General Knowledge**: What do the 100 folds in a chef's hat represent?
- 5. **Literature**: In which Harry Potter book does the Whomping Willow
- make its first appearance?
 6. **Geography**: How many countries in Africa have only four letters in their names?
- 7. **Movies**: In the animated movie Up, to which scouting group does Russell belong?
- 8. **Architecture**: Who designed the famous Fallingwater House in
- Pennsylvania?

 9. **Language**: What does the Greek
- prefix "hyper" mean?

 Medical: What is the common ailment classified in medical terms as singultus?

TRIVIA ANSWERS

excessive 10. Hiccups. Explorers 8. Frank Lloyd Wright 9. Over, 3. 5,050 4. 100 ways to cook an egg 5. Harry Potter and the Chamber of Secrets 6. Three: Chad, Mali and Togo 7. Wilderness Frapl. Hord Meight 9. Or pre 1. Hawaii (Mauna Loa) 2. The X-Files

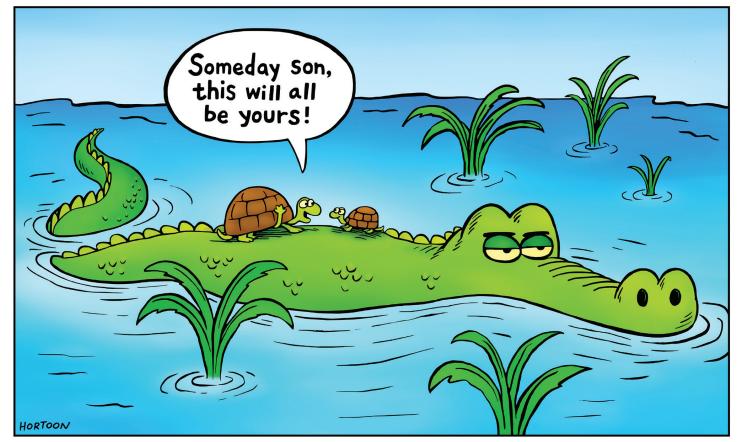
SCRAMBLERS ANSWER

1. Layer 2. Siren; 3. Strap; 4. Cater

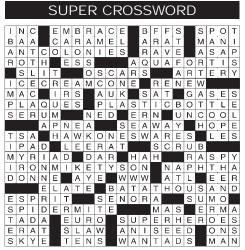
Today's Word

INSECTS

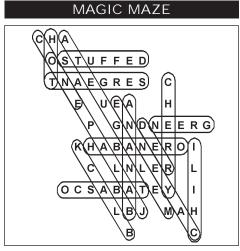
HORTOONS



PUZZLE ANSWERS



KING CROSSWORD												
В	Α	Т	Н		G	Α	S		Ζ	Α	Р	S
Α	L	Α			Α	R	Р		Α	R	Е	Α
T	Α	М	Р	Α	В	Α	Υ		G	П	L	L
			Р	М	S		G	Υ	R	Α	Т	Е
В	Е	В	0	Р		С	L	U	Е			
E	Х	Ε	S		Т	Ε	Α	L	В	L	U	Е
Α	Р	Ε		Т	Ε	Α	S	Ε		Ε	Ν	٧
T	0	Р	В	R	Α	S	S		W	П	D	E
			R	0	М	Е		٧	Τ	S	0	R
Α	L	L	Α	Υ	S		Н	Α	L			
S	U	E	Z		T	W	_	N	В	Е	D	S
0	G	Ε	Ε		Ε	Α	R		U	R	D	U
F	Е	R	Ζ		R	Υ	Е		R	Α	S	Р



SUDOKU										
9	3	2	6	7	1	4	8	5		
8	6	5	4	3	9	2	7	1		
1	7	4	8	5	2	3	9	6		
3	2	9	1	6	7	5	4	8		
5	1	7	3	4	8	6	2	9		
4	8	6	2	9	5	7	1	3		
2	5	8	7	1	3	9	6	4		
6	9	1	5	2	4	8	3	7		
7	4	3	9	8	6	1	5	2		

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2015	6,300	\$7,995,000	\$7,995,000	49
Metes And Bounds	Sanibel	1988	5,018	\$7,995,000	\$6,565,000	13
Tichenors F H Silver King	Captiva	1958	3,071	\$6,599,000	\$6,200,000	302
Bay Woods	Bonita Springs	2001	7,106	\$4,295,000	\$4,100,000	64
Woodlake At Bonita Bay	Bonita Springs	2021	4,373	\$3,495,000	\$3,495,000	204
Murano	Miromar Lakes	2012	4,517	\$3,327,000	\$3,250,000	11
Town And River	Fort Myers	2019	3,412	\$3,200,000	\$2,850,000	33
River Reach Estates	Bonita Springs	2006	4,483	\$2,799,000	\$2,700,000	43
Southport On The Bay	Bonita Springs	1994	3,706	\$2,595,000	\$2,470,000	14
Carleton	Fort Myers	2020	3,620	\$2,250,000	\$2,250,000	12

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11559 LAIKA LANE



MODERN, ICONIC, BEACHFRONT ESTATE

- Two Master Suites & Additional Guest Areas, 5,000 SF
- Balconies w/ Breathtaking Panoramic Gulf views
- An Awesome Investment Opportunity for Vacation Rentals!

\$7,800,000

6005 W. RIVERSIDE DRIVE



RIVER DREAM ESTATE

- 5 BR, 4.2 BA, 6,200 + SF, Deep Water Access Home
- Open Concept, Custom Kitchen w/ Thermador Appliances, Double Islands, Brick Archways
- · Wood Floors, Courtyard Pool, Outdoor Kitchen, Spacious yet Cozy feel \$3,175,000

6418 PINE AVENUE



NEAR BEACH

- 3 BR, 3 BA, Open, Spacious, A perfect Home Vacation Rental 3,930 + S.F
- Two Master Suites w/ Screen Lanais & Gorgeous Views
- Short Walk to beach or west end village

17891-17901 OWL CREEK DRIVE



30- ACRES RIVERFRONT ESTATE

- 7 BR, 5.5 BA, Modern Estate, Awesome Water Views
- Spacious, 6,585 SF, + 2 BR Caretakers Home • Accommodates 100' Yacht, & Smaller Vessel/toys
- \$5,250,000

1314 SEASPRAY LANE



NEW CONSTRUCTION GULF FRONT ESTATE

- 5 BR, 5.5 BA, w/2 Master Suites & lounging areas
- Great Rm w/ Soaring Beam Ceilings, Fantastic Woodwork
- Amazing Multi-level Deck Space, Negative Edge Pool and Spa

\$6,995,000

1240 COCONUT DRIVE



LUXURIOUS & UNPARALLELED

- 7 BR, 8.3 BA Estate, 2 Offices, Gym, Guest House, 10,490 SF
- Over 2 ACRES of Prime Waterfront, Private beach • 65k Gallon Pool/Spa, Huge Lanai, Docks/Lifts

15261 CAPTIVA DRIVE



MODERN BAY ESTATE

- 4 BR, 4.5 BA, Furnished Estate 5,690 + SF under air
- Open Concept, Amazing Chef's kitchen, Master Retreat w/ Coffee bar
- Heated Pool/Spa, Deep-water dock/lift & Private Beach

15138 WILES DRIVE CAPTIVA



CAPTIVA BEACH FRONT

- 102 Feet of Premier Gulf Frontage
- Comfort Meets Luxury, 6 BR 5.5 BA 4611 SQFT
- Private Oasis, Huge Deck space, Pool, & Putting Green \$6,195,000



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